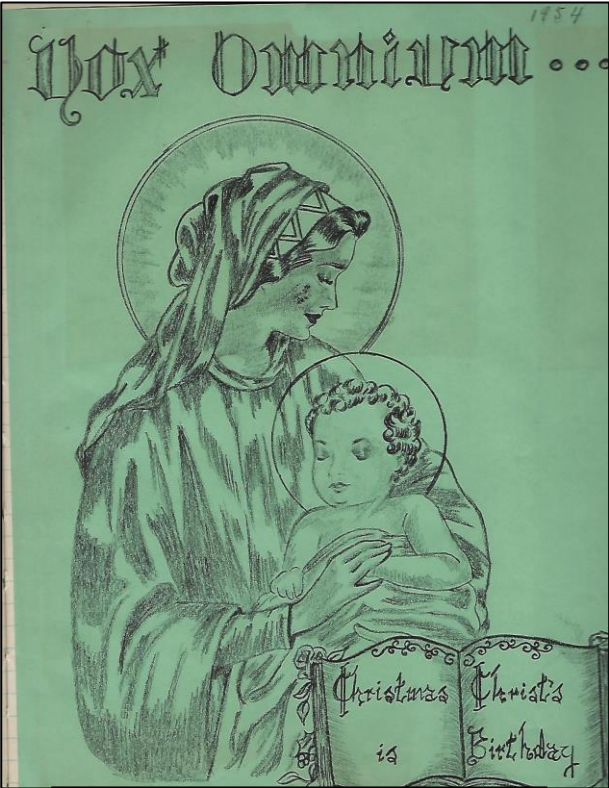
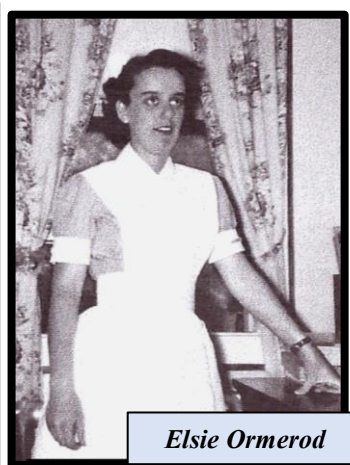




**REUNION DAY 2024**  
**CLASS OF 1954**  
**CELEBRATING 70 YEARS**



1954 YEARBOOK AT CHRISTMAS



Elsie Ormerod



Elsie Ormerod, Lois Stewart,  
Elizabeth Herod, Lorna Martin

1953 CHRISTMAS CONCERT

To attempt to describe the Christmas Concert would be sheer folly; so for my part I am merely going to try to recall that wonderful evening to your memory. The main attraction was, of course, the Nativity scene. The supporting programme was excellent and a special credit is due to the organizers, chairmen, decorators, the choir, and the main body of students, for their good performances both behind and in front of the footlights. Our thanks must also be extended to Dr. Bartlett for his annual masquerade as Santa Clause (masquerade?). Don't spread it, but we'd all love to adopt him. Only one thing missing - the annual Interns' skit.

As each new class rolls around, it is a pleasure to look forward to the Christmas Concert, one of the highlights of the year.



Sister Bonaventure

SEPTEMBER CLASS

- Marie Andreychuk
- Audrey Binkley
- Barbara Blanchard
- Mary Brooker
- Dale Bond
- Audrey Bull
- Anne Columbus
- Dorothy Cornwell
- Patricia Cunningham
- Eileen Dobrucki
- Donna Finnerty
- Doreen Hemming
- Gwen Hummell
- Audrey Kempa
- Donna Leavitt
- Patricia Malott
- Lois Martin
- Mary McDonnell
- Marilyn Mills
- Elsie Ormerod
- Geraldine Pennell
- Edna Smith
- Dianne Sullivan
- Beverly Tyne
- Joan White
- Sister M. Evelyn

- Joanne Ball
- Helen Black
- Mary Brady
- Ann Brown
- Marion Brough
- Grace Carpenter
- Mary Lou Comerford
- Bernice Cox
- Shirley Davidson
- Dorothy Ferney
- Lucy Fujimoto
- Elizabeth Herod
- Marion Hunter
- Marilyn Laur
- Elizabeth Lemon
- Loretta Mann
- Lorna Martin
- Rita McGibbon
- Barbara Mutch
- Pearl Oster
- Margaret Sharpe
- Lois Stewart
- Suzanne Tambeau
- Irene Waterson
- Lois White
- Sister M. Rita



Sister Evelyn Riordan '54, Sister Maris Stella '56



Marie Andreychuk, Elizabeth Herod, Elsie Ormerod



1954 Blue School Blazer



Constance Brough '55, Marion Brough '54

# St. Joseph's Nurses Receive Caps, Bands

The capping of 55 student nurses, after completing five months of preliminary training before being accepted into the School of Nursing at St. Joseph's Hospital; and the presentation of black bands to 16 students who are entering their senior year of training, drew on Thursday evening many to Undermount, the nurses' residence. Sister M. Geraldine, superintendent of the hospital, presented the caps. Sister M. Bonaventure, superintendent of nurses, conducted the reciting of the Florence Nightingale pledge.

The program opened with a picturesque candlelight procession, led by the 1952 graduating class, followed by the new senior class, and then by the preliminary students. The class Glee Club sang, O God of Loveliness, directed by Miss Shirley Davidson (who was one of the newly capped). Her work with the Glee Club is already showing gratifying results.

Miss Patricia Fletcher, Caledonia, on behalf of the student body, welcomed the students who had just been capped, into the school.

Miss Alma Reid, dean of the McMaster School of Nursing, who was speaker of the evening, paid high tribute for their years of service to the Sisters of St. Joseph, whose centenary year it is.

### Miss Reid

Miss Reid congratulated the parents whose daughters are now in the nursing profession, and emphasized the responsibility they owed to them. To the newly capped students Miss

Comerford, Brantford; Shirley Davidson, Simcoe; Eileen Dobrucki and Lucy Fujimato; Hamilton; Donna Finnelly, Brantford; Dorothea Ferney, Cainsville; Doreen Heming, Hamilton; Elizabeth Herod, Cayuga; Gwen Hummel, Kitchener; Marion Hunter, Puslinch; Audrey Kempa, Brantford; Marilyn Laur, Niagara Falls; Donna Leavitt, Burlington; Betty Lemon, Aldershot; Loretta Mann, Carlisle; Barbara Mutch, Hamilton; Lois Martin, Ancaster; Patricia Malott, Brantford; Donna Maloney, Hamilton, Lorna Martin, Hagersville; Marilyn Mills, Brantford; Patricia McDonnell, Waterford; Nancy McIntyre, Toronto; Rita McGibbon, Niagara Falls; Elsie Ormerod, Hamilton; Pearl Oster, Cayuga; Gloria Plathy, Lowbanks; Geraldine Pennell, Brantford; Edna Smith, Simcoe; June Sweeney, Matachewan; Lois Stewart and Diane Sullivan, Hamilton; Margaret Sharpe, Waterford; Beverley Tyne, Hamilton; Joan White, Simcoe; Lois Marie White and Suzanne Tambeau, Hamilton; Sisters Evelyn and Rita, Bridgeview.



**Black Bands for class of 1953, Caps for class of 1954  
Agnes Clark '53, Marilyn Laur '54, Grace Carpenter '54, Mary Costie '53**



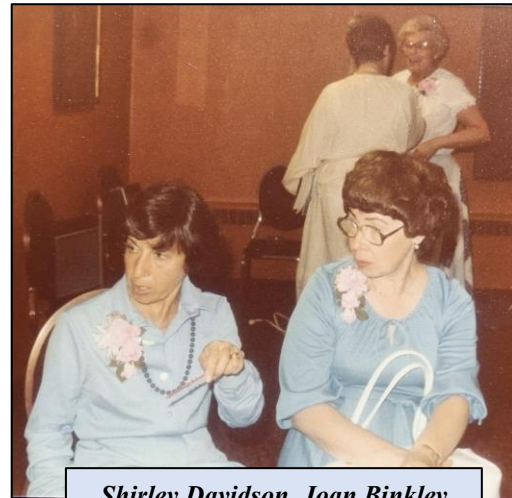
No Port G caps at

**Audrey Bull, Rita McGibbon**

audrey Bull (right), girls received their Hospital, 1954



**Lois White, Pearl Oster, Elsie Ormerod**



**Shirley Davidson, Joan Binkley**



**Winnifred Walker '47, Pearl Oster '54**

**"Capping" January 31, 1952**

1952

CENTENNIAL YEAR

of

The Sisters of St. Joseph  
Hamilton, Ontario

CAPPING CEREMONY

Undermount Nurses Residence

January 31st, 1952

**Class Glee club directed by  
Shirley Davidson '54  
Patricia Fletcher '52**

**Welcome Address given by  
Patricia Fletcher '54 and the  
Graduating Class.**

PROGRAMME.

CANDLELIGHT PROCESSIONAL.

"O God of Loveliness" Class Glee Club

Directed by  
Shirley Davidson and  
Patricia Fletcher.

Address of Welcome by  
Patricia Fletcher and  
Graduating Class.

Presentation of Caps by  
Sister M. Geraldine  
Superintendent of the Hospital.

Miss Alma Reid, B.A., Reg.N.  
Dean of the University School  
of Nursing,  
McMaster University.

The Nightingale Pledge -  
Conducted by  
Sister M. Bonaventure  
Superintendent of Nurses.

"It is a Grand Night for Singing"  
Glee Club.

Presentation of Black Bands to  
Intermediate Students.

"May the Good Lord Bless and Keep  
You".

GOD SAVE THE KING.

Refreshments.

PROGRAMME

Procession.

O Canada

Address of Welcome - Miss Mary Hauser

"My God How Wonderful Thou Art", -  
Ms. E. Ronan

Presentation of Caps by  
Sister M. Geraldine  
superintendent of Hospital

Stanley M. Hudecki M.D., F.R.C.S. (C)

The Nightingale Pledge  
Conducted by  
Sister M. Bonaventure  
superintendent of Nurses

Songs by the New Nurses:  
"Look for the silver Lining"  
"My Best To You".

God save the Queen.

Refreshments.

"Capping" May 29, 1952

CAPPING CEREMONY

ST. JOSEPH'S SCHOOL OF NURSING

HAMILTON, ONTARIO:

MAY 29th, 1952.

Welcome Address given by  
Mary Hauser '53

Songs by the "New Nurses"

FEBRUARY CLASS

Lillian Allingham  
Irene Ashworth  
Lois Beattie  
Marion Crawford  
Frances Hewlett  
Regina Kawalski  
Mary McLaughlin  
Joanne Merry  
Ruby Mitchell  
Irene Pickell  
Margaret Shonicker  
Marie Smoke  
Marilyn Sullivan  
Ann Vacola  
Jennie Vacola



Elated by the presentation of their caps (which mean they have been accepted into

Murion Brough, June Sweeney, Dale Bond



Sister Bonaventure, Sister Virginia



Marion Brough '54 and her daughter  
Reunion day 2011

Marion McGarry (Brough '54) retired 2 years ago from the Greater Niagara General Hospital after 42 years. She now spends more time with her grandchildren and volunteering at Women's Place of South Niagara, a haven for battered women, the YWCA and project SHARE.

January Newsletter 2001



Pat Cunningham, Dale Bond



Pat Cunningham, Marion Brough, Audrey Bull,  
Lois Marie White



Marilyn Mills, Helen Black, Lorna Martin,  
Lois Stewart, Mary Brooker, Elizabeth Herod



Lorna Martin, Shirley Davidson, Donna Levitt

# VOX OMNIUM



1954 YEARBOOK AT EASTER



Marie Andreychuk, Pat Cunningham, Joan Binkley

## VOX - OMNIUM

Easter, 1954

God sends us the Joy of Easter  
 To brighten each new day,  
 God sends us the Hope of Easter  
 To light each glad Spring day,  
 God sends us the Faith of Easter  
 To bless each heart anew --  
 May all of these - His blessings  
 Make Easter GLAD -- FOR YOU.

The Vox - Omnium publication is under  
 the direction of the Students' Council of  
 St. Joseph's School of Nursing, Hamilton,  
 Ontario.

<u>EDITOR</u>	Audrey Bull
<u>ARTIST</u>	Gwen Hummell
<u>LITERARY</u>	Lois Martin
<u>TYPISTS</u>	Mary Ann Turcotte Patricia D'Aoust Villa Marie McDermott
<u>SPORTS &amp; SOCIAL</u>	Kaye Byrne
<u>RELIGION</u>	Lois M. White
<u>ADVERTISING          AND          CIRCULATION</u>	Phyllis Simon Patricia D'Aoust



Mary Ann Turcotte '56



Audrey Bull '54



Lois Martin '54



Gwen Hummell '54



Lois White '54



Phyllis Simon '55



Patricia D'Aoust '55



Kaye Byrne '55



Joan Binkley '54



Miss Brine, Sister Bonaventure, Sister Virginia

"MISERIS SUCCURRE DECUS"

What do we have in common? How can we anticipate, encourage and promote School Activities? Individual constructive criticism, thoughtful suggestions and active participation in joint activities during our three years here will be bound to result in closer union among us. Achievement by a group like ours can be brought about only through sincerity of purpose in utilizing our leisure time to further our own development and our ultimate goal - "School Spirit".

During our collegiate days we took an active part in athletics and in music, drama or other pursuits which encouraged interest in the arts. It is true that such programmes were outlined and directed for us. Now we are adults, and it becomes our responsibility to supply the initiative and organization necessary to foster and carry out such a plan of action.

Each of us could offer suggestions in endless detail of our needs and wishes with respect to school activities, since each represents a distinct personality and a different capacity in respect to interest and adaptation to new environment. Individual tastes must be recognized, but in our plans we must meet the demands of the entire student body.

Your ideas are invited.

In our search for common grounds of interest, let us remind ourselves of this thought: "Miseris Succurre Decus" . . . . IT IS AN HONOUR TO SERVE THE SICK . . . . This we have in common.



Audrey E. Bull.

Audrey Bull '54

When you feel like saying something  
That you know you will regret,  
Or keenly feel an insult  
Not quite easy to forget,  
That's the time to curb resentment  
And maintain a mental peace,  
For when your mind is tranquil  
All your ill-thoughts simply cease.  
It is easy to be angry  
When defrauded or defied,  
To be peeved and disappointed  
If your wishes are denied;

But to win a worth-while battle  
Over selfishness and spite,  
You must learn to keep strict silence  
Though you know you're in the right.  
So keep your mental balance  
When confronted by a foe,  
Be it an enemy in ambush,  
Or some danger that you know.  
If you are poised and tranquil  
When all around is strife,  
Be assured that you have mastered  
The most vital thing in life.

- Grenville Kleiser.

New Lifeline Hisses Into Action

With a faint hiss, St. Joseph Hospital's new lifeline went into operation today. It was the hospital's network of piped oxygen.  
Increased use of oxygen resulted in the development of oxygen piping systems, more efficient than the individual high-pressure cylinders.  
The piping system eliminates the heavy chore of moving cylinders from storage rooms to wards and operating rooms. Now the patient can receive oxygen seconds after it is ordered.  
THE STORAGE UNIT is a spherical tank seven feet in diameter. Oxygen is stored in liquid form at about 298 degrees below zero Fahrenheit. It has a liquid capacity the equivalent of 100,000 cubic feet of gaseous oxygen, which is more than 400 standard cylinders—about six weeks' supply.  
A bank of reserve cylinders in the unit will automatically start feeding the system in an emergency.



1960 Piped In Oxygen  
Lois Stewart '54, Margaret Spracklin '60,  
William Duffy, Oxygen Technician



Loretta Mann, Elsie Ormerod,  
Elizabeth Lemon

When Earth's last suture is taken,  
And the catgut lies twisted and dried;  
When the last appendix has faded,  
And the smallest bleeder is tied;  
We shall rest, and faith we shall need it,  
Sit down for an aeon or two,  
Till the chief of all good surgeons  
Shall call us to labour anew.  
Then we who were slow shall be snappy  
To the surgeon's least wish shall attend,  
And our chromic on round mayo needle  
Shall be doubled with a 'stat on the end.  
And our needles won't hang from the middle  
Of the silkworm we've threaded with care  
And we'll know just how to present them  
So the surgeon won't threaten our hair.  
With our forceps and dressings and lap pads  
All sterile, let's go with a will,  
Make sponges and drains without ending;  
Patch gloves and fold towels until  
Only the Chief Surgeon shall praise us  
And only the Chief Surgeon shall blame  
And no one will work for fame  
But each for the joy of working  
And each in her own sterile star,  
Shall count sponges as she sees them,  
E'en those they've hidden afar!

Donated by Miss Walker.



Winnifred Walker '47, Sister Mary Daniel '47,  
Eva Neal Staneff '51

*Our Lady's Garden Party*

*May 31, 1954*

*To the familiar strains of "O Mary we crown thee with blossoms to-day" and following Our lady's blue and white banner, a large number of uniformed nurses slowly wended their way to the outdoor shrine of our Blessed Mother in the Hospital Garden.*

*Immediately proceeding Miss Lois White, charming in white gown and flowing satin mantle, were six little angels from Sacred Heart Parish, and a flower girl in pink net. Train bearers in long white gowns, white gloves and blue and white head dress, enhanced by the limpid blue of their sparkling eyes, complete the little crowning group.*

*After Miss White had placed the crown of flowers on our lady's brow, the congregation of priests, Sisters nurses, men, women and children recited the rosary, led by Father P. J. Donlan O.F.M. of Winona.*

*Father Mattice of St Lawrence's parish, the guest speaker referred to the event as "The Queen's Garden Party. He said all have come here out of love and respect to our Mother.*

*He gave a brief history of the Crowning Ceremony.*

*The crown, he said should remind us of the Rosary by which we show honour, love and respect to Mary and should be used as a means of living a life of purity and charity.*

*He also compared the rosary to a shield. "*

*"Look upon it as a shield and a source of strength, to ward off all the onslaughts of evil against ourselves, those we love and those under our care."*

*After this simple but eloquent address the Blessed Sacrament was brought from the chapel to the altar erected for the occasion.*

*Against the background of a glorious sunset and all nature in its fresh green verdure, the Eternal Son of God, housed in His little gold monstrance was raised aloft in blessing by Father O'Brien, the hospital chaplain.*

*As the curtains of twilight were softly gliding down from Heaven's height, a truly impressive and inspiring ceremony - the first outdoor Crowning of St Joseph's was brought to a close with the singing of "Holy God we Praise Thy Name.*



Lorna Martin '54

1958 – 1960  
1970 – 1973  
1973 – 1975  
1976 – 1979  
1979 – 1980

Lorna Martin '54 served on the Alumnae Executive as 2<sup>nd</sup> Vice President  
Lorna served on the Advisory Committee  
Lorna served as the 1<sup>st</sup> Vice President  
Lorna served as President of the Alumnae  
Lorna served as the Past President

*In celebration of the 100<sup>th</sup> anniversary of the founding of the St Joseph's Hamilton School of Nursing*

*With great appreciation for the inspiration and legacy that the School of Nursing built for today's Nurses at St Joseph's. We are deeply grateful to the members of the Alumni for the foundation and pillars of learning, compassion, dedication and innovation you created. Together with our patients and colleagues, we will continue to build on your legacy.*

*May 10, 2011*

*Kevin Smith, President & C.E.O. St Joseph's Health System  
Winnie Doyle, Chief Nursing Executive*



2011 Nurses Award Banquet

Janina Berenyi'65    Bev Greenwood'70    Bev Peck'58    Cheryl McQueen'66    Pam Fisher'69    Mary Cino'58    Shirley Ann Wray'55    Marie Yakimoff'54    Karen Martin'69

Your Alumnae Association has entered the 21<sup>st</sup> century. Our website, [www.sjsnaa.com](http://www.sjsnaa.com) was launched at the dinner. The presentation included individual graduating pictures of the 50 year class projected on a large screen. Please check it out and let us know what you think. Our contact numbers are listed on the executive page.

October Newsletter 2004

## "LOVE ONE ANOTHER"

Perchance at this time of year, when the memory of the sufferings of Our Blessed Saviour have been recalled to your minds in a special manner by the commemoration of Good Friday, there may come the remembrance of the familiar picture showing a nurse standing by the bedside of a patient, and in the background the figure of Christ and His Cross. One needs only to glance at it to realize its meaning, namely that Our Blessed Saviour is identifying Himself with each and every patient who will come under your care throughout the years of your nursing career. But more than that, as one gazes at the figure of Christ hovering in the background over the bed of the sick one, there should come a greater realization of the real meaning of His words: "Amen, I say to you, as long as you did it to one of these my least brethren, you did it to Me". In other words, Christ expects you, as a nurse, to be in love, for His sake, with those whom you serve.

Just because the poor old word "love" is used with such a variety of meanings and in reference to countless objects, we are almost afraid of it. From time to time we do say that we love God and at the same time assure Him that we love our neighbours as ourselves, provided, of course, that we keep these neighbours in a general category, without definite name, features or identity. It is somewhat difficult, however, to love all mankind but to be cold and almost indifferent to individual men and women whose names we know and whose features are familiar to us.

A few moments of thought will reveal the fact that the reason we dodge the idea of loving our neighbour is because so many poor, weak mortals have loved badly, sinfully and with harm to themselves and others. Because they confused love and physical passion, they based their so-called love on selfishness and not on the love of God. They were jealous in their loves or let one love push out all love of others. Indeed, at times they loved some fellow human being with such absorption that there was no strength, or even desire, to love God any longer.

Just because some people have lost sight of the fact that true love must have its center in God and must be in accordance with His commandments or it becomes lust and sinful passion, it is none the less true that we are still obliged to love our neighbour for the sake of Christ. Indeed, just a few hours before He was to sacrifice His life out of pure love for all mankind He said: "A new commandment I give you, that you love one another". Therefore, we haven't any choice in the matter; we either love one another or we are wasting our time telling God that we love Him, for the statement is not true.

There is a prayer which sums up very aptly the manner in which a nurse should love those who are her patients. A portion of it reads thus:

"Dearest Lord, may I see Thee today and every day in the person of Thy sick, and while nursing them minister unto Thee. Though Thou hidest Thyself behind the unattractive disguise of the irritable, the exacting, the unreasonable, may I still recognize Thee and say: "Jesus, my Patient, how sweet it is to serve Thee". Lord, give me



this seeing faith, then my work will never be monotonous. Sweetest Lord, make me appreciate the dignity of my high vocation and its many responsibilities. Never permit me to disgrace it by giving way to coldness, unkindness and impatience; and, my God, since Thou art Jesus my Patient, deign also to be my patient Jesus, bearing with my many faults, looking only to my intention, which is always to love and serve Thee in the person of Thy sick. Lord increase my faith, bless my efforts, and sanctify my work now and forever."

If, by chance, the idea of seeing and loving Christ in the person of the irritable, the exacting, the unreasonable, seems too much to expect of yourself, then remember that during your years of training you are not only becoming a nurse, you are forming and fashioning your future eternity. That eternity, be it of happiness or misery, will depend on how well you have loved God in Himself and in the person of your neighbour. One cannot and does not exist without the other, and it is not true to say that you love God unless that love extends to those whom you serve. It must be a love that is personal as well as pure, interested as well as innocent, sweet to feel and easy to recognize. It must be a love which He will recognize as directed ultimately to Him, for the reward you hope to receive in eternity will be based upon His words: "Amen, I say to you, as long as you did it to one of these my least brethren, you did it to Me". If you cannot find within your heart a love of your neighbour for the sake of Christ, you may fear to hear on some future day when time for you will be no more, the alternate words: "Amen, I say to you, as long as you did it not to one of these my least brethren, you did it not to Me".

Reverend A. J. O'Brien,  
Chaplain.

## DEC 11 - 1956 Brantford Hospital Chaplain Rev. Anthony J. O'Brien Dies

HAMILTON — Hamilton Diocese has suffered the death of another diocesan priest — the fourth to die in Centennial Year of 1956—Rev. Anthony J. O'Brien. Father O'Brien died in Brantford where he has been stationed latterly, attending St. Joseph's Hospital in the Telephone City as chaplain. He had been residing at Our Lady of the Assumption rectory since going to Brantford a short time ago.

The late Father O'Brien had been in ailing health for a number of years but more especially in the past three years. Some improvement had been noted recently and death came rather suddenly.

Father O'Brien is best known as the devoted resident chaplain of St. Joseph's Hospital, Hamilton, during the past ten years. Despite his ailing physical condition, he did not spare himself in his zealous devotion to the sick in hospital.

Born in Hamilton, Sept. 3, 1906, this deceased priest was the son of the late Mr. and Mrs. Henry O'Brien. He received his primary education at St. Lawrence's School, Hamilton, followed by the pursuit of secondary education at Cathedral High School when classes were taught at old St. Mary's and St. Patrick's Schools. Following philosophical studies at St. Jerome's College, Kitchener, he studied theology at St. Augustine's Seminary, Toronto, whence he graduated in 1930. He was ordained by Bishop McNally in St. Lawrence Church on June 15, 1930.

Deceased observed his silver jubilee of ordination in 1955. Following ordination, Father O'Brien served as assistant priest for a seven year period in St. Mary's Parish, Mount Forest. From 1937 until 1946, he was resident chaplain at Mount St. Joseph Orphanage. During this time, he also performed chancery

office duties from 1937 until 1940, becoming Bishop's Secretary that year until 1944. During these years until 1953, he was the diocesan master of ceremonies.

Since 1943, Father O'Brien also filled duties as diocesan director



REV. A. J. O'BRIEN

of the Confraternity of Christian Doctrine.

Funeral arrangements had not been completed at press time. R.I.P.

In the tensions attendant upon nurse shortage in the hospitals, many charges and counter-charges are made against nurses. The one most frequently voiced is that the young graduate nurses are not interested in bedside nursing and not interested in giving personal attention to the patient.

A survey of students in schools of nursing was carried out a few years ago to ascertain why normal adolescent girls asked to become nurses. The survey revealed 37.9% had a "Service Motive" for doing so . . . . in other words they became nurses so that they might be of service to those who needed them; 4% had spiritual motives . . . namely the "Service of God" in mind; 6% of the motives were considered unworthy, such as financial gain or to "find a man". A large percentage of the remaining motives were worthy in nature, such as preparation for marriage and personal security.

Judging from this survey one might conclude that the accusation referred to in the first paragraph is unfounded. Do you think that nurses are different today from those of twenty years ago . . . . ten years ago? Do you think nursing is changing? What have you done about it? Psychologists tell us that the normal adolescent girl possesses excellent basic qualities; they love life, they are generous and heroic and they have a tremendous capacity for sacrifice.

Recall what you know of the surgical patient of fifteen years ago . . . out of bed for short periods two weeks post-operatively; the pneumonia patient . . . tepid sponges, mustard plasters, fed with a spoon, and the anxious period of waiting until the ninth day, the crisis, had passed. Contrast these situations with today's early ambulation, oxygen therapy and the antibiotics.

God bless the inventors of all these efficient devices, and praise to the research workers who have proved that their developments hasten recovery. But the poor nurse . . . she just isn't what she used to be (or so the critics tell us)

Through all this, however, has the patient changed? He has the same need for kindness, encouragement and sympathy that he needed 50 years ago. Science, speed and efficiency can never replace human needs. With these modern discoveries the nurse today has more time than ever before for bedside care. She must not be brusque, irritable or neglectful, no matter how discouraged she herself may be, or how seemingly endless the tasks thrust upon her. As she gives she receives. Charles Lamb tells us in his essay on convalescence "that the most difficult period of illness is when one is getting well". It behooves us who are in health to prepare ourselves mentally and spiritually for those hours of forced repose. Who is there amongst us nurses who can say truthfully "I haven't time to lavish all this care on my patient"? Down deep in our minds we know we have all the time there is, and our difficulty lies in not using it honestly, or in grudging some of it to the good service of others.

It takes only a minute to bestow a friendly smile that floods the heart with the pure joy of living, or to give a cheerful greeting as we hurriedly change from duty to duty.

If a nurse gives competent, skillful care coupled with human understanding and knowledge, she is a good nurse. But if she adds to these the Christlike trait of supernatural charity she is the best nurse. And the best is none too good when it is Christ who is served in the person of the sick.

*Sister Virginia Hanlon '45*



*Back Row: Patricia McDonnell, Lois Stewart, Dorothy Ferney  
Front Row: Marilyn Mills, Rita McGibbon, Anne Brown*



*Marie Andreychuk Yakimoff '54,  
Patricia Faulkner Duxbury '66*



*Gwen Hummel, Lorna Martin*

Since its reorganization in September '53, the Student Council has been occupied chiefly with the school magazine. Through this medium several school activities have been developed: the bowling club, basketball teams and the badminton club. These accomplishments may be accredited chiefly to Agnes Stipsits, and they have proved well worth her while. Since their inauguration the students have turned out regularly every Tuesday or Wednesday night, and this has kept us out of the "ruts" into which we are so apt to fall.

The Student Council also provides a good medium for the discussion of problems. When these can be talked over freely and presented by the Council to the proper authorities, there is every likelihood that they may be cleared up to the satisfaction of all. In the same way, problems which Sister may have to deal with can be brought up at Council meetings and discussed freely.

Another achievement and one which we hope will continue to be carried out, is Roll Call Inspection. Everyone has co-operated well and there is no reason why it should not continue. The idea was formulated by a few senior nurses and brought to the attention of the Student Council. With the consent of the authorities it was inaugurated on Wednesday, March 24th. We think you will agree that it not only makes one look more professional, but also gives one a feeling of confidence and pride in keeping oneself well-groomed.

The future holds out innumerable possibilities for the action of the Student Council. For instance, how would you like a skating rink on the tennis court next winter, equipped with lights for night skating? Or, how about Friday night dances in the classroom?

It's been done before, and with your support and your suggestions, much can be accomplished. Meanwhile, thanks kids, for your help this year!



*Written by  
Donna Leavitt '54*

.....THE SHOW GLOBE.....

Many of you have asked us, over and over again through the years, the reason behind the green globe in the Pharmacy. Sometimes, usually around Christmas time, it turns to red. "What do you keep in it? Is it just coloured water?"

The secret of the red and green which tradition associates with the pharmacist's show globes has been lost in the mists of time. Pharmacy is very old, you know .....older than the pyramids of Egypt. Its roots lie deep in antiquity, yet it has kept pace with scientific developments throughout the years, and we like to think it is as modern as the latest antibiotic.

Pharmacy was mentioned in the Bible, did you know that? Moses was bidden to take myrrh, cassia, cinnamon, olive oil, "and thou shalt make of it an oil or holy ointment compounded after the art of the apothecary", and every prescription written since that time includes, or is understood to include, these directions for the pharmacist: F. s. a. (Fiat secundum artem: let it be made according to the art). And the oil of anointing used at the Coronation of Queen Elizabeth II was prepared by a firm of pharmacists in London who have served five generations of the Royal Family. We thought you might like to know this when you are waiting at the Pharmacy for ointments to be made up.

But the red and green show globes? Alas, they are only symbols now, to remind us that ours is an old and honoured calling. There are a few theories about them, however. This is one, which you may or may not believe; it appeared in "Punch" some years ago:

"But if the truth is what you want,  
The truth is sweet and short,  
For one of them is Creme de Menthe,  
The other one is Port.

At even when he feels like sin,  
He takes them from the shelf,  
He asks the naughty doctor in  
And just enjoys himself.

He fills a bumper to the brim,  
He lights a huge Havana,  
And bawls the rude barbaric hymn  
To Ipecacuanha.

All night they hold those hideous larks  
And horrify the street  
With pharmaceutical remarks  
Which I must not repeat."

...The Pharmacy...

REFLECTION OF A NIGHT NURSE

I love this time of day the best,  
T'wixt darkness and the dawn,  
When most of the world in deep repose,  
Would envy not my yawn.  
They sleep away this peaceful light,  
Not caring for its beauty,  
Thankful for those "forty winks"  
Before the day's wild duties.  
The pinks and blues in all array,  
Paint glory on gray cities.  
That folks should dream this all away  
Is truly such a pity!  
No artist could a sunset paint  
As breathless as this dawn,  
Yet e'en to see this quiet sky,  
They envy not my yawn.



**BACK ROW: Helen Black, Suzanne Tambeau, Lorna Martin,  
Mary Lillian Brooker  
FRONT ROW: Lucy Fugimoto, Patricia Mallot, Pearl Oster,  
Edna Smith, Joan Binkley, Barb Blanchard**

..... WHY A SODALITY?.....

The Sodality is known as the "Sodality of Our Lady". Each sodalist makes a profession of special devotion to the Mother of God and is dedicated to her by a complete consecration. She strives by every means, under the standard of the Blessed Virgin, for her own perfection and eternal salvation, as well as that of others. By an act of consecration the sodalist binds himself or herself forever to the Blessed Virgin Mary.

The Sodalities of Our Lady have a long and worthy tradition of service in the forefront of the battles of the Church for centuries. In the far-flung cities of the world, in its jungles, its forests and on its ice fields, Mary's militants are to be found.

The Sodality is an instrument which Our Lady holds in her hand and by means of which she brings out more and more clearly, day after day, the image of her Son in the souls of those who live out its rules in the concrete circumstances of their daily lives.

Experience shows that most people are accustomed to think of the Sodality of Our Lady as a part-time organization. To their minds it is made up of officers, members, meetings; it engages in various forms of activities which take up varying degrees of the member's time, attention and energy. And it is nothing more!

It comes as a pleasant surprise to these people to learn that a true Sodality is much more than that. They become immensely more interested when it dawns on them that a Sodality is an organization which leads its members to live the whole of their lives very differently from the way in which they lived before becoming sodalists. It is not a series of projects, but a Way of Life. It is not a club one joins, but a life one leads. It is not a hobby; it is a vocation!

The observance of the rules and constitutions of the Sodality is considered to be of much more importance than the number of sodalists. It is by these rules the sodalist is enabled to scale the heights of sanctity, and by personal holiness safeguard the rights of the Church and obtain the eternal salvation of herself and others.



*Lois White '54*

Overheard in the recreation room at Undermount:  
"Just think, in another five months we will be finished and then --!"  
Yes, and then what will become of us?

For Lois Martin and friend, a bon voyage party is in store next summer when they set sail for a two month tour of England. Abbeys, castles, fabled villages and a visit to London Town are on their itinerary.

Marg. Sharpe -- now on affiliation at the Mountain Sanatorium, is taking as her themes "Go West Young Women", and "California, here I Come". I wonder if Hollywood will discover her?

Did you know Ann Marie Brown plans to take off for the Dutch West Indies? She has good reason though; her parents are there, with the American Consulate.

Our neighbour, Gerry Pennell, is staying in Canada, but in that wonderful city, Montreal, where the Montreal General beckons - (her sister is in training there now).

Take a twenty-five minute ride out of New York City, and we find the Margaret Hague Hospital at New Jersey. Elsie Ormerod and Lois Stewart are interested in post-graduate courses in Obstetrics here. (Or could it be the nearby Manhattan Towers?) Oh, yes -- Helen Black is also wishing to continue her studies, particularly in Operating-Room technique at John Hopkins' Clinic - marvellous place.

M. L. Brooker, Ann Columbus and yours truly contemplate a trip to Europe in about two years. (Of course one has to accumulate that necessary green stuff). Our favourite motto -- "If you love life -- you'll love France".

Let us not forget those who are returning to their hometowns and hospitals; and the gals who see a wedding in the near future.

All of us are entering on an era of new adventure; and with us goes the Spirit of St. Joseph's -- Make the Best of it!



*Dorothy Cromwell '54*



*Lois Martin & friend set sail next summer for a 2 month tour of England Abbeys, castles, fabled villages & a visit to London Town*



*Margaret Sharpe is heading to California*



*Helen Black is wishing to continue her studies in Operating - Room Technique at John Hopkins Clinic*



*Ann Marie Brown plans to take off for the Dutch West Indies. Her parents are there with the American Consulate*



*Elsie Ormerod and Lois Stewart are interested in post - graduate courses in obstetrics at the Margaret Hague Hospital in New jersey.*



*Gerry Pennell is heading to the Montreal General where her sister is in training.*

ATTENTION! ALL NURSES

In view of the growing demand for well qualified nurses to fill positions of responsibility, we hope that at this time of year, many of our nurses are considering the possibilities of post-graduate work.

Post-graduate study offers exceptional opportunities for the nurse who wishes to continue her education. There are numerous courses available in Pediatrics, Obstetrics, Teaching and Supervision, Operating Room Technique, many branches of Surgery, Medicine and Public Health. You may attend University or an approved hospital to specialize in any particular branch of nursing.

Grade XII of the four option course, together with your credentials from your own School of Nursing, will admit you to any post-graduate course. However, if you wish to qualify for a B.Sc. N., Grade XIII would be required.

The Provincial Department of Health encourages nurses to advance themselves and offers Bursaries each year to deserving graduates. (A Bursary consists of \$125.00 each month for eight months and does not have to be returned to the Government) The only stipulation is that you must complete your course successfully, and work in Ontario the following year.

The Registered Nurses' Association of Ontario will advance a sum of money to any of their members in good standing who wish to further their nursing education. This money is to be returned without interest three years after the satisfactory completion of the course.

We have at the School of Nursing, calendars and leaflets from several Schools and Universities offering post-graduate study. If anyone is interested, we would be pleased to assist you in any way.

St. Joseph's School of Nursing.



*Mary Lillian Brooker, Ann Columbus and Dorothy Cornwell contemplate a trip to Europe in about 2 years*

DEAD BONES ARE DRY... ARE YOURS?

Let us examine a few of our bones, and find out.

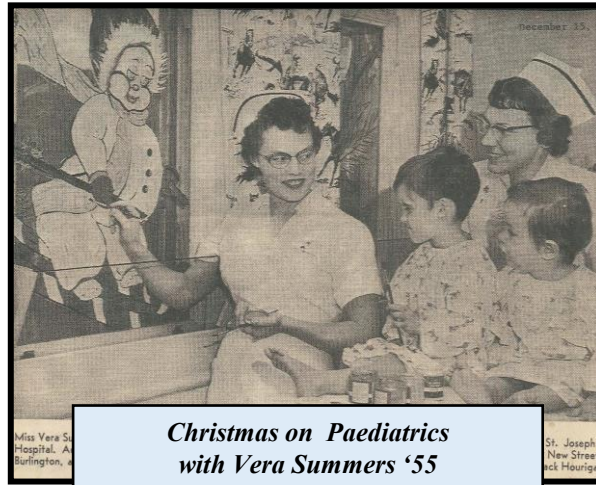
**THE WISH-BONE.** Yes, we all have one and a nurse's wish-bone is especially prominent. Some times it becomes "strained" and its owner will find herself yearning for freedom from her exhausting duties. More likely she is longing for a few days holiday. But this bone, if healthy, should be operating on higher goals of achievement. If we do all and more that is required of us, and have the desire ultimately to be the best in our profession, then our wish-bone is strong.

**Now the BACK-BONE.** This bone, too, may develop abnormalities. Bent over in weakness, we may become disinterested, lack leadership and energy. How can these conditions develop amongst those who have dedicated themselves to nursing, teaching and good example. A sturdy back-bone is designated to the world by (1) the power to overcome obstacles and temptations; (2) the desire of the nurse to work for the love of her fellow humans and not for dollars and cents.

**And last, but not least, the FUNNY-BONE.** Often it has been said, "Laugh, and the world laughs with you; cry and you are a solitary weeper". This bone then, is important to the nurse, as well as the patient. If we can laugh, our work seems lighter. But if we can make a patient laugh, that is truly an accomplishment. For no one enters the hospital as a patient without apprehension and worry. If these emotions can be forgotten in a laugh, then we are virtually angels of mercy. Yes, a very "funny bone it is, but it is ours. Let us use it more often.

There we are. Three important bones. Structures by which we can climb or sink. Two small bones and one large. Human bones.

Ask yourself: "Are my bones drying up?"



*Christmas on Paediatrics with Vera Summers '55 and Marie Andreychuk Yakimoff '54*



*Elizabeth Herod, Margaret Sharpe, Mary Lillian Brooker, Rita McGibbon, Audrey Bull*



*Written by Lois Martin '54*



*Sister Virginia, Sister Bonaventure*

**SWIMMING:**  
At the local pool a few hardy individuals at odd spurts throughout the year, indulged in this "adipose" remover. Thanks must be extended to Jimmy Thompson for his interest in the pathetic efforts of some of our students. Without him many of us would still be sinking instead of swimming.

THE JOKE CORNER

Two Hunters:

A burglar, who had entered a student nurse's room at midnight, was disturbed by the awakening of the occupant of the room he was in. Drawing his weapon, he said:

"If you stir, you are a dead woman. I'm hunting for your money".  
"Let me get up and strike a light", said the nurse, "And I'll hunt with you".

Husband Coins Name for Mother-in-Law's Cook:

My husband went to Georgia with me to visit my family, and, incidentally to see the South for the first time.

Not only was he impressed by cotton, corn bread and "you-all", he was positively fascinated by the coloured cook, whose slap-happy talk he likened to music without words.

Even her name - Symanthia - fell on his ears like Greek, so he fixed it in his mind by associating it with cement. Symanthia. Cement.

Back in Connecticut several months later, I challenged his memory one day by asking him to tell me the name of my mother's cook.

After a moment's reflection, he grinned confidently and asked, "Want to bet five dollars on it?"

"I'll bet you two!" I compromised.

"All right," he conceded with a shrug, "you asked for it. Her name was Concrethia".

Overheard between two patients:

"That new man across the hall has a funny condition. His veins are too close".

"Is that so, is that so", replied the other gent, carefully removing his pipe and adjusting his hearing aid.

"Yes, sir", said the first, emphatically. "I heard the nurse say that they were going to operate for very close veins".

Friend - "I suppose you carry a memento of some sort in that pretty locket of yours?"

Woman - "Yes, it's a lock of my husband's hair".

Friend - "But your husband is still alive".

Woman - "Yes, but his hair is gone".

"Darling", sighed the weary husband, "I've made up my mind to stay home this evening"

"Too late, Ducky", crooned the little woman, "I've made up my face to go out!!".

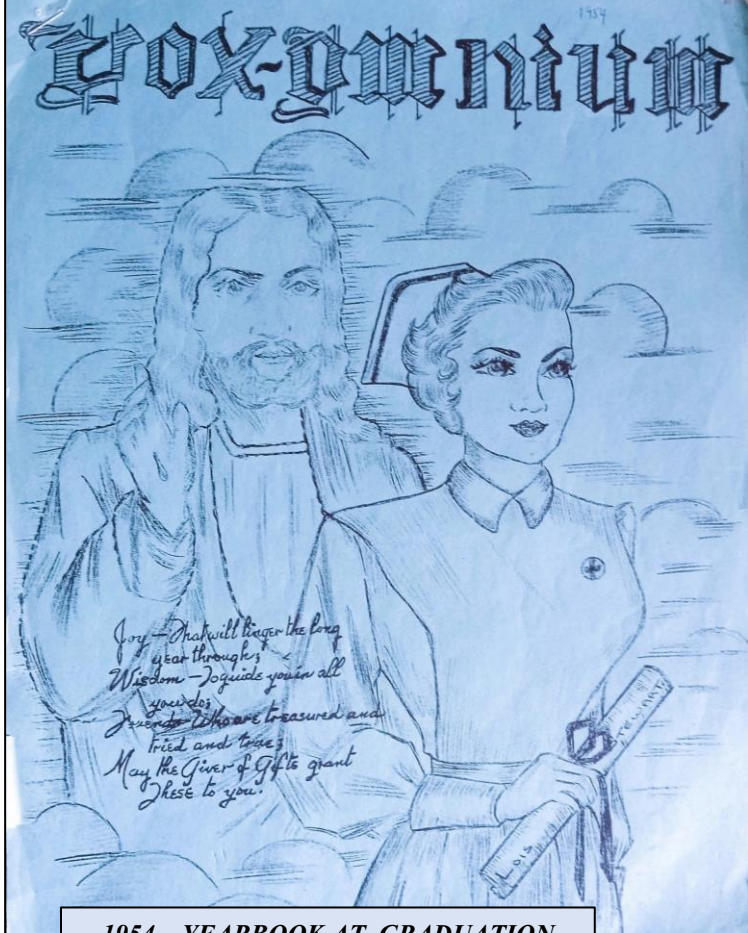
In a remote country village a new letter-box had been put up, and caused a great deal of comment among the village children. "I think it belongs to the doctor", argued Jimmy. "No, it ain't", shouted Tommy, "It's by the church door, so it must be the rector's". "Garn" cried Billy, scornfully; "It ain't the rector's. Read what it says on it, 'No collection on Sundays'".

The Doctor smiled as he entered the room: "You look much better today".

"Yes, I followed the directions on the medicine bottle"

"What were they?"

"Keep the bottle tightly corked".



1954 YEARBOOK AT GRADUATION



VOX OMNIUM

GRADUATION 1954

Joy - That will linger the long  
year through;  
Wisdom - To guide you in all  
you do;  
Friends - Who are treasured and  
tried, and true;  
May the Giver of Gifts grant  
These to you.

This Publication of Vox Omnium is in Honour of  
the Graduating Class of St. Joseph's Hospital, 1954.

EDITOR: Constance Brough

ASSISTANT EDITORS: Ruth McGillivray  
Marie Davey

ARTIST: Joan Hayes

TYPISTS: Noreen Mousseau  
Agnes Stipsits



Joan White, Edna Smith, Doreen Hemming



Constance Brough '54



Marie Davey '54



Ruth McGillivray '54



Noreen Mousseau '55



Agnes Stipsits '55



Joan Hayes '54

VISIT TO THE GENERAL HOSPITAL:

Mid-January may be famous for its cold weather, but the reception at the General Hospital was a mid-August Florida welcome. To start the evening off in a "right friendly" manner, name tags were given out so that every one knew her neighbour. Colourful slide films were next on the agenda, followed by an excellent comedy - "An Efficient Operating Room". This received a good round of applause and chuckles as did a Betty Hutton song and dance routine. This led to a general sing-song. Hot chocolate and do-nuts were then served, with gracious hospitality, and soon disappeared with the gusto that only nurses acquire.

The luxurious swimming pool, the splendid T.V.Sets, and the comfortable rooms, along with other points of interest along the way, were then shown to us, while laughter and talk reigned supreme.

Regretably soon the evening came to a close, as the hour of midnight approached. The memory of those few hours spent with such enjoyable company will live for a long time in the minds of all of us.

The Sisters of St. Joseph  
and the Graduating Class of  
Nineteen hundred and fifty-four  
St. Joseph's Hospital  
School of Nursing

cordially invite you to be present at the

Graduation Exercises

Wednesday afternoon, May the twenty-sixth  
at three o'clock, D.S.T.

Auditorium, Cathedral of Christ the King  
714 King Street, West  
Hamilton, Ontario

Reception  
Undermount Residence

Admission by ticket only.

**GRADUATION 1954**

Wednesday May 26, 1954

Auditorium  
Cathedral of Christ the King



GRADUATING CLASS 1954  
ST. JOSEPH'S SCHOOL OF NURSING  
HAMILTON ONTARIO

*Handwritten signature*

# Graduation Exercises

1954



St. Joseph's Hospital  
School of Nursing

AUDITORIUM  
CATHEDRAL of CHRIST THE KING  
King Street West

Wednesday, May 26th, at 3:00 p.m.



GREAT DAY — Last-minute preparations are made by

**Beverly Tyne, Geraldine Pennell**

graduating student body and received their diplomas yesterday at the Cathedral of Christ the King. May 26, 54



**Marilyn Mills, Lois Stewart,  
Elizabeth Herod, Elsie Ormerod**

## BASKETBALL:

Last November the initial meeting of the Basketball Club of St. Joseph's took place in the Church of the Ascension gym. Tuesday nights were fun, chucked full of laughs and down-to-earth basketball. Each class had its own captain whose job it was to coach, arrange and play. The work of each captain was sincerely appreciated by their respective teams. There was great excitement at the games. It was a friendly "get-together" and everyone enjoyed the keen competition.

## HALLOWEEN PARTY:

Spooks ran riot, colours ran riot, costumes ran riot, and so did the nurses --almost. The date, need I say, was October 31st, and the Halloween party was well under way -- apples were being dunked for, a Paul Jones was being called out, and in the far corner Charleston fans were swinging it. Everybody was having fun. Dorothea Ferney's skit put on by the black band nurses was very good, as also was Pat McDonnell's rendition of "Dangerous Dan McGrew". Al Jolson was there, too, in the person of Ann Lo Schiavo singing and acting "Mamie". When the night of goblins was all over, everybody remembered it as a good evening indeed, and we are all looking forward to next year's Halloween party.

## Programme



### Opening Prayer

THE RIGHT REVEREND J. A. O'BRIEN, D.P.

Organ - - - - - O Canada  
Organist—MRS. G. L. BURJAW, A.T.C.M.

### Chairman

W. P. Downes, B.A., M.D.C.M. - - Chief of Staff  
Valedictory - - - - - Audrey Kempa

### Presentation of Diplomas and Pins by

HIS EXCELLENCY  
THE MOST REVEREND JOSEPH F. RYAN, J.C.D., D.D.  
Bishop of Hamilton

### Addresses to Graduating Class

HIS WORSHIP MAYOR JACKSON  
  
THOMAS TWEEDIE, M.D.  
President of The Hamilton Academy of Medicine  
  
MR. D. C. GASKIN  
President of the Studebaker Corporation of Canada, Ltd.  
Member of the Hospital Advisory Board  
  
THE MOST REVEREND JOSEPH F. RYAN, J.C.D., D.D.  
  
THE MOST REVEREND C. L. NELLIGAN, D.D.  
Titular Bishop of Fenice

### Presentation of Awards

GOD SAVE THE QUEEN

# Bishop Ryan Presents Awards To Graduates

At the annual graduation exercises of St. Joseph's Hospital School of Nursing, yesterday afternoon, in the auditorium of the Cathedral of Christ the King, 64 nurses were presented with their certificates by the Most Rev. Joseph F. Ryan, Bishop of Hamilton. Graduation pins were pinned on by Sister Bonaventure, director of the School of Nursing.

Dr. W. P. Downes, chief of the medical staff at the hospital, was chairman for the occasion, and extended a welcome on behalf of Sister Geraldine, Mother Superior of the hospital, who, he said, was unable to be present as is customary, because she is convalescing from illness. He congratulated the graduates and their parents, and complimented the director and staff of the School of Nursing. He emphasized that the graduates are not only nurses, they are well-educated young women, with a training equivalent to that of college or university, and expressed pleasure that about ten of them are taking post-graduate work.

**Great Record**  
Interesting facts about the work done at St. Joseph's in the last year were given by the chief of staff. The 550-bed hospital required 750 people to look after its patients — of which, in 1953, there were 20,000 bed (indoor) patients, and 34,000 in the outdoor department. He added that another new wing is badly needed to keep up with the demand for service.

Bishop Ryan in a brief speech, referred to the contribution being made by St. Joseph's Hospital to the public welfare and the City of Hamilton. In congratulating the class and the Sisters of St. Joseph, he spoke of the part of the parents also in making sacrifice and giving guidance to their daughters, so that they were "now here on the stage" ready to help people meet some of their problems and to help in the world. Some might even be like the heroic nurse in the Indo-Chinese siege, whose courageous action had drawn the admiration of the world, he said.

**Mayor Jackson**  
Mayor Lloyd D. Jackson extended civic greetings, empha-

sizing the nurse's need for dedication and her opportunity for service. Dr. Thomas Tweedie, spoke on behalf of the Academy of Medicine of which he is president. He told the nurses they had had an excellent training, but urged that they keep on training in order to give the best of professional service. He said also that he regretted a certain "fragmentation" of attention to patients, now evident in hospitals, through a system in which one nurse is assigned a single small unit of service for all the patients in the ward, so that several nurses are coming and going in giving care to each single patient, but the patient himself has a feeling that he really has no nurse definitely caring for him. He said that patients had expressed this feeling to him.

**Visiting Bishop**  
Mr. D. C. Gaskin, member of the hospital advisory board, spoke on the excellence of nursing as a profession. Miss Audrey Kempa, of Brantford, one of the class, gave the valedictory. The Most Rev. C. L. Nelligan, titular Bishop of Fenice, who gave the address to the graduates, was introduced by Bishop Ryan. Mrs. Gordon L. Burjaw played organ music, as the large number of parents and friends gathered, and accompanied during the impressive formal entrance of the class and the program. The Rev. J. A. O'Brien gave the opening prayer.

Prizes were presented as previously announced.

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*Dr Downes chief of medical staff of the hospital was chairman for the occasion. He mentioned that 10 graduates were taking post graduate courses. In his address he noted the 550 bed hospital required 750 people to look after its patients of which in 1953, there were 20,000 bed (indoor) patients and 34,000 in the outdoor department. He added that another new wing is badly needed to keep up with the demand for service.*

*Speakers at the event, included Mayor Lloyd D Jackson and Dr Thomas Tweedie, president of the Academy of Medicine.*

*Fewer prizes were given but they have a special purpose of stimulating leadership in the nursing field being in the form of scholarships for already graduated and graduating nurses, and as prizes for highest standing in theory in each of the three student years.*



*Elizabeth Herod Newman '54*

## PEOPLE NEWS

### Professional Accomplishments:

Newsletter January 1997



Liz Newman (Herod '54) our former Alumnae president, '60-'62, has been publicly recognized for her community contributions, not once, but twice in the last year!

In September 1996, Liz received the Cornerstore Award for her outstanding contribution to Chedoke-McMaster Hospitals. Liz's involvement at CMH was both as Director of Volunteer Services and Volunteer Co-ordinator. She has coordinated the Mother's Day Telethon, the Teddy Bears Picnic Telethon and other Chedoke-McMaster Foundation fundraising activities.

Just as she was adapting to this outstanding honour, fame struck again! While at the Victorian Order of Nurses Conference in Halifax in October 1996, Liz received the Lady Ishbel Aberdeen Award for Service of the Greatest Distinction. Lady Ishbel Aberdeen was the founder of the Victorian Order of Nurses. This prestigious award was presented by two of her great grand-daughters. 1996 was a very special year, as it saw the launching of the gala VON Centennial celebrations.

Liz has been a VON board member for 29 years and is active in that role today! As well, she has served terms on provincial and national boards.

We are proud to have such an illustrious member in our midst! Congratulations!

# St. Joseph's Nursing School Awards Certificates to 64

HAMILTON—The largest class ever to graduate from St. Joseph's School of Nursing received graduation honors at colorful exercises held last week at Cathedral of Christ the King auditorium. Sixty-four nurses were presented with certificates by His Excellency Bishop Ryan, Superintendent of the school. Sister M. Bonaventure presented graduates with

Graduation pins were pinned on by Sister Bonaventure, director of the School of Nursing. Most Rev. C. L. Nelligan, Assumption College, Windsor gave the graduation address. He recalled the heroism of nurses in war and peace, he urged the graduates to emulate these heroines. He chose to interpret the initials of the profession "R.N." as Real Nurses, advising them not to remain satisfied with their degree but to achieve greater heights by keeping pace with modern nursing techniques and the expanding knowledge of the profession.

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Prizes were presented as previously announced.

After extending congratulations to the parents of the graduates, His Excellency spoke of the nobility of the nursing profession—the most noble to which a woman can aspire—which God Himself blesses as done unto Himself. Outlining the wealth of tradition surrounding the profession, Bishop Nelligan went on to recount the attributes displayed by their forerunners—the courage, self-sacrifice, and devotedness of Florence Nightingale, along with a number of Irish Sisters of Charity and Sisters of Mercy and a group of lay nurses effected needed reforms in care of the wounded in the Crimean War.

Recalling the heroism of nurses in war and peace, he urged the graduates to emulate these heroines, Bishop Nelligan chose

to interpret the initials of the profession "R.N." as Real Nurse, advising them not to remain satisfied with their degree but to achieve greater heights by keeping pace with modern nursing techniques and the expanding knowledge of the profession. He stressed the place of Christian nurses in solving the manifold problems of the present day. "It will be your glorious apostolate to help bring the world back to God, so that through the alchemy of Christian charity and devoted service, the sacred fires may be kindled once again in hearts that have grown cold and indifferent. May you hear and heed the invitation that the Divine Master gave when He launched His cause upon the pagan world of His time. His call to the Apostles was simple and direct—Come follow Me".

Fewer prizes were awarded this year than heretofore. However, they have been designed to stimulate leadership in the nursing profession. Scholarships were given to former graduates as well as present ones. Further awards were given for highest standing in each of the three student years.



# Large Class Of Nurses Graduates Tomorrow

Sixty-four young women — making up the largest class to finish the course of the School of Nursing in the history of St. Joseph's Hospital to date, will graduate at the annual graduation exercises being held tomorrow afternoon, at 3 o'clock, in the auditorium of the Cathedral of Christ the King. Most Rev. C. L. Nelligan, Assumption College, Windsor, Titular Bishop of Seneca, will give the graduation address.

A change has been made in the system of giving prizes this year. While fewer are being given, they have a special purpose of stimulating leadership in the nursing field, being in the form of scholarships for already graduated and graduating nurses, and as prizes for highest standing in theory in each of the three student years.

Those receiving the prizes are Miss Genevieve Pawlus, Reg. N., and Miss Pauline Donovan, Reg. N., both 1953 graduates, scholarships for post-graduate work in nursing education, the former given by St. Joseph's Hospital Auxiliary, to be presented by Mrs. W. A. Weaver, and the latter, given by St. Joseph's Hospital Alumnae, to be presented by Miss Marjorie Donovan; Miss Lois Stewart, a scholarship for post-graduate study, given by St. Joseph's medical staff, to be presented by Mrs. W. P. Downes; Miss Mary Lou Laur, prize for highest standing in theory in senior year, given in memory of Dr. Orton James Newell, presented by Mrs. Newell; Miss Michelle Lockhart, prize for highest standing in theory in intermediate year, given in memory of Dr. James Roberts, presented by Dr. Llewellyn N. Roberts; Sister Raymond Marie by reversion to Shirley Sycamore, prize for highest standing in theory in first year, given by the Margaret Gage Burkholder Chapter, I.O.D.E., to be presented by Mrs. W. A. Parson.

### Graduates

Those graduating are: Sister M. Rita, Hamilton; Sister M. Evelyn, Hamilton; Lillian Allingham, Hamilton; Marie Andreychuk, Grimsby; Irene Ashworth, Hamilton; Lois Elaine Beatty, Hamilton; Alma Joan Binkley, Freelon; Helen Marie Black, Stoney Creek; Barbara Eleanor Blanchard, Grassie; Josephine Ann Boll, Simcoe; Dale Bond, Hamilton; Mary Margaret Brady, Hamilton; Mary Lillian Brooker, Brantford; Marion Elizabeth Brough, Chippawa; Ann Marie Brown, Stamford; Audrey Elaine Bull, Port Colborne; Grace Carpenter, Hamilton; Ann Marie Col-

ony; Mary Keating, Guelph; Audrey June Kempa, Brantford; Regina Kowalski, Preston; Marilyn Louise Laur, Niagara Falls; Donna Leavitt, Burlington; Betty Jane Lemon, Aldershot; Patricia Malott, Brantford; Loretta Marlene Mann, Carlisle; Lois Marilyn Martin, Ancaster; Lorna Beatrice Martin, Hagersville; Mary Patricia McDonnell, Waterdown; Rita McGibbon, Niagara Falls; Mary Theresa McLoughlin, Hamilton; Joanne Melry, Niagara Falls; Marilyn Helen Mills, Brantford; Ruby Marie Mitchell, Hannon; Barbara Georgina Mutch, Hamilton; Elsie Ormerod, Hamilton; Pearl Oster, Cayuga; Geraldine Claire Pennell, St. Lambert, Que.; Margaret Janet Sharpe, Waterford; Margaret Ann Shoniker, Preston; Edna Mae Smith, Simcoe; Lois Isabelle Stewart, Hamilton; Helen Diane Sullivan, Hamilton; Mary Margaret Sullivan, St. Catharines; Suzanne Julienne Tambeau, Hamilton; Beverley Anne Tynne, Hamilton; Ann Vacola, Hamilton; Jennie Vacola, Hamilton; Lois Marie White, Hamilton.



Nurses awarded prizes at St. Joseph's Hospital School of Nursing this year are Genevieve Pawlus '53, Pauline Cramp '53, Lois Stewart '54, Mary Lou Laur '54




Audrey Kempa '54 gave the Valedictory Address

**Prize Winners of the class of 1954**  
 Lois Stewart was awarded a scholarship for post graduate study.  
 Mary Lou Laur won the prize for highest standing in theory in senior year.  
 Michell Lockhart '55 won the prize for highest standing in theory in intermediate year.  
 Shirley Sycamore '56 won the prize for highest standing in theory in junior year.  
 Shirley Sycamore was later known as Sister Raymond Marie.  
 Genevieve Pawlus Reg. N. 1953 was awarded a scholarship for post graduate work in nursing education.  
 Pauline Cramp Reg. N. 1953 was awarded a scholarship for post graduate work in nursing education.

**TAKE YOUR TIME**

Take time to work, it is the price of success.  
 Take time to think, it is the source of power.  
 Take time to play, it is the secret of youth.  
 Take time to read, it is the fountain of wisdom.  
 Take time to look around, it is the short cut to unselfishness.  
 Take time to laugh, it is the music of the soul.  
 Take time to dream, it is the highway to the stars.  
 Take time to be friendly, it is the road to happiness.

## Awards



Scholarship for Post-Graduate Study in Nursing Education  
 Given by St. Joseph's Hospital Auxiliary.  
 Presented by Mrs. W. A. Weaver.

GENEVIEVE PAWLUS, Reg. N., 1953

Scholarship for Post-Graduate Study in Nursing Education  
 Given by St. Joseph's Hospital Alumnae.  
 Presented by Miss Marjorie Donovan.

PAULINE CRAMP, Reg. N., 1953

Scholarship for Post-Graduate Study  
 Given by St. Joseph's Hospital Medical Staff.  
 Presented by Mrs. W. P. Downes.

LOIS STEWART

Prize for Highest Standing in Theory—Senior Year  
 Given in Memory of the late Dr. Orton James Newell.  
 Presented by Mrs. Newell.


MARY LOU LAUR

Prize for Highest Standing in Theory—Intermediate Year  
 Given in Memory of the late Dr. James Roberts.  
 Presented by Llewellyn N. Roberts, M.D., D.P.H.

MICHELLE LOCKHART

Prizes for Highest Standing in Theory—Junior Year  
 Given by Margaret Gage Burkholder Chapter, I.O.D.E.  
 Presented by Mrs. W. H. Parson.

SISTER RAYMOND MARIE—by reversion to  
 SHIRLEY SYCAMORE



## Urges New Nurses' Aid To Banish Materialism

The Most Rev. C. L. Nelligan, D. Windsor, addressed the graduating class of St. Joseph's Hospital, telling them that a graduation of nurses always was an impressive and inspiring ceremony. Its significance seemed to him to spring from the fact that "a number of young women, after three years of careful and comprehensive training in an atmosphere of religion and in accordance with the ethical principles of their chosen profession, now stand in that coveted hour so long and eagerly anticipated. The foundations have been laid deep and solid and substantial, and the interlacing of religious faith is the guarantee of their enduring stability."

"Good Parents"  
The Bishop continued, "I wish first of all to extend my sincere congratulations to a group who are all too frequently forgotten in an occasion like this. I have reference to the good parents whose sacrifices, oftentimes heroic, have made this graduation day possible. If, indeed, the crown of success rests securely upon the heads of these young women this afternoon, it is due in a large measure to the encouragement and inspiration received from their parents, and to their never-failing support and sympathy in the difficult and sometimes discouraging struggle towards the realization of long-cherished ambitions."

"And now, my dear graduates, I want to speak to you with all the profound conviction and sincerity of my soul. I need hardly remind you at the very outset that yours is one of the noblest professions to which a woman can aspire. It is a work which the Great Physician Himself signally blesses as done unto Himself—"I was sick, and you visited Me."

"The nursing profession as we know it today has indeed a great wealth of tradition. It embraces the courage, the self-sacrifice and the devotedness of Florence Nightingale who with a number of Irish Sisters of Charity and Sisters of Mercy, and a small group of lay nurses, effected a most necessary reform in the care of the British wounded during the Crimean War."

**Lauds Nurses**  
Bishop Nelligan recalled the glorious deeds of nurses in peace and war in past and more recent years; their sacrifices in prisons, on battlefields and in hospitals, and the comfort brought to suffering men. With eloquence and feeling he depicted the unselfishness and skill of these women of faith and

important role in the solution of the manifold problems with which we are faced today. There is no denying the fact that we are passing through the most critical period in the whole history of the world.

"But the struggle wherein the greatest values are at stake is that within the souls of men. It is a struggle to the death between Christianity on the one hand, and materialism on the other, under whatever ideology this latter may present itself. It is evident that a wave of materialism has been sweeping over the world, with the result that today the human body is looked upon as expendable material, as something to be eliminated wholesale by the atom or the hydrogen bomb. The growth of this spirit of materialism is particularly noticeable between the First and the Second World Wars.

**Great Task**  
"It will be your glorious apostolate, my dear graduates, to help bring the world back to God, so that through the alchemy of Christian charity and devoted service, the sacred fires may be enkindled once again in hearts that have grown cold and indifferent. May you hear and heed the invitation, that the Master gave when He launched His cause upon the pagan world of His time. His call to the apostles was simple and direct. Come, follow Me."

*The Most Rev. C. L. Nelligan of Windsor addressed the graduating class of St. Joseph's Hospital telling them that a graduation of nurses always was an impressive and inspiring ceremony. Its significance seemed to him to spring from the aspect that a number of young women, after 3 years of careful and comprehensive training in an atmosphere of religion and in accordance with ethical principles of their chosen profession now stand in anticipation. The foundations have been laid deep and solid and substantial and the interlacing of religious faith has the guarantee of their enduring stability.*

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### PRIZE WINNERS

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### LIST OF GRADUATES

The graduating class included: Sister M. Rita, Hamilton; Sister M. Evelyn, Hamilton; Lillian Allingham, Hamilton; Marie Andreychuk, Grimsby; Irene Ashworth, Hamilton; Louis Elaine Beatty, Hamilton; Alma Joan Binkley, Freelon; Helen Marie Black, Stoney Creek; Barbara Eleanor Blanchard, Grassie; Josephine Ann Boll, Simcoe; Dale Bond, Hamilton; Mary Margaret Brady, Hamilton; Mary Lillian Brooker, Brantford; Marion Elizabeth Brough, Chippawa; Ann Marie Brown, Stamford; Audrey Elaine Bull, Port Colborne; Grace Carpenter, Hamilton; Ann Marie Columbus, Jarvis; Mary Lou Comerford, Brantford; Dorothy Cornwell, Crystal Beach; Bernice Ann Cox, Hamilton; Leona May Crawford, Niagara Falls; Patricia Ann Cunningham, Hamilton; Shirley Davidson, Simcoe; Eileen Mary Dobrucki, Hamilton; Dorothea Ferney, Cainsville; Donna Marie Finnerty, Brantford; Lucy Fujimoto, Hamilton; Doreen Anne Hemming, Hamilton; Elizabeth Herod, Cayug; Frances Hewlett, Glace Bay, N.S.; Gwendolyn Hummel, Kitchener; Marion Ruth Hunter, Puslinch; Joan Mary Keating, Guelph; Audrey June Kempa, Brantford; Regina Kowalsk, Preston; Marilyn Louise Laur, Niagara Falls; Donna Leavitt, Burlington; Betty Jane Lemon, Aldershot; Patricia Malott, Brantford; Loretta Marlene Mann, Carlisle; Lois Marilyn Martin, Ancaster; Lorna Beatrice Martin, Hagersville; Mary Patricia McDonnell, Waterdown; Rita McGibbon, Niagara Falls; Mary Theresa McLoughlin, Hamilton; Joanne Meiry, Niagara Falls; Marilyn Helen Mills, Brantford; Ruby Marie Mitchell,



Front Row: Doreen Hemming, Pat Cunningham, Lucy Fujimoto, Pearl Oster  
2<sup>nd</sup> Row: Loretta Mann, Margaret Sharpe, Pat Mallett, Marion Brough, Joanne Boll  
Back Row: Pat McDonnell, Anne Brown, Donna Leavitt

Articles published in the Hamilton Spectator

Sister M. Rita	Hamilton, Ont.	Patricia Malott	Brantford, Ont.
Sister M. Evelyn	Hamilton, Ont.	Loretta Marlene Mann	Carlisle, "
		Lois Marilyn Martin	Ancaster, "
Lillian Allingham	Hamilton, "	Lorna Beatrice Martin	Hagersville, "
Marie Andreychuk	Grimsby, "	Mary Patricia Mc-	
Irene Ashworth	Hamilton, "	Donnell	Waterdown, "
		Rita McGibbon	Niagara Falls, "
Lois Elaine Beatty	Hamilton, "	Mary Theresa Mc-	
Alma Joan Binkley	Freelton, "	Loughlin	Hamilton, "
Helen Marie Black	StoneyCreek, "	Joanne Merry	Niagara Falls, "
Barbara Eleanor Blanchard - Grassie	"	Marilyn Helen Mills	Brantford, "
Josephine Ann Boll	Simcoe, "	Ruby Marie Mitchell	Hannon, "
Dale Bond	Hamilton, "	Barbara Georgina Mutch	Hamilton, "
Mary Margaret Brady	Hamilton, "	Elsie Ormerod	Hamilton, "
Mary Lillian Brooker	Brantford, "	Pearl Oster	Cayuga, "
Marion Elizabeth Brough	Chippawa, "		
Ann Marie Brown	Stamford, "	Geraldine Clare Pennell	St. Lambert, Que.
Audrey Elaine Bull	Humberstone, "		
Grace Carpenter	Hamilton, "	Margaret Janet Sharpe	Waterford, Ont.
Ann Marie Columbus	Jarvis, "	Margaret Shoniker	Preston, "
Mary Lou Comerford	Brantford, "	Edna Mae Smith	Simcoe, "
Dorothy Cornwell	Crystal Beach, "	Lois Isabelle Stewart	Hamilton, "
Bernice Ann Cox	Hamilton, "	Helen Diane Sullivan	Hamilton, "
Leona May Crawford	Niagara Falls, "	Mary Margaret	
Patricia Ann Cunningham	Hamilton, "	Sullivan	St. Catharines, "
Shirley Davidson	Simcoe, "	Suzanne Julienne	
Eileen Mary Dobrucky	Hamilton, "	Tambeau	Hamilton, "
		Beverley Anne Tyne	Hamilton, "
Dorothea Ferney	Cainsville, "	Ann Vacola	Hamilton, "
Donna Marie Finnerty	Brantford, "	Jennie Vacola	Hamilton, "
Lucy Fujimoto	Hamilton, "		
Doreen Anne Hemming	Hamilton, "	Lois Marie White	Hamilton, "
Elizabeth Herod	Cayuga, "		
Frances Hewlett	Glace Bay, N.S.		
Gwendolyn Hummel	Kitchener, Ont.		
Marion Ruth Hunter	Puslinch, "		
Joan Mary Keating	Guelph, "		
Audrey June Kempa	Brantford, "		
Regina Kowalski	Preston, "		
Marilyn Louise Laur	Niagara Falls, "		
Donna Leavitt	Burlington, "		
Betty Jane Lemon	Aldershot, "		

PRESENTATION OF AWARDS

Scholarship for Post-Graduate Study in Nursing Education  
 Given by St. Joseph's Hospital Auxiliary  
 Presented by Mrs. W. A. Weaver.  
 GENEVIEVE PAWLUS, Reg. N., 1953.

Scholarship for Post-Graduate Study in Nursing Education.  
 Given by St. Joseph's Hospital Alumnae  
 Presented by Miss Marjorie Donovan  
 PAULINE CRAMP, Reg. N., 1953.

Scholarship for Post-Graduate Study.  
 Given by St. Joseph's Hospital Medial Staff  
 Presented by Mrs. W. P. Downes  
 LOIS STEWART.

Prize for Highest Standing in Theory - Senior Year.  
 Given in Memory of the late Dr. Orton James Newell.  
 Presented by Mrs. Newell.  
 MARY LOU LAUR.

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 Presented by Mrs. W. H. Parson  
 SISTER RAYMOND MARIE - by reversion to  
 SHIRLEY SYCAMORE.



*Class of 1954 Celebrating 50 Years  
 Lois Beatty, Marion Brough, Marie Smoke,  
 Irene Ashworth*



*Lois Stewart '54*



*Genevieve Pawlus '53*



*Pauline Cramp '53*



*Lois Stewart '54*



*Mary Lou Laur '54*



*Michelle Lockhart '54*



*Shirley Sycamore '54*

# Graduating Class 1954 St. Joseph's Hospital School Of Nursing

May 26, 1954

# 1954

## GRADUATES

- |                           |                      |
|---------------------------|----------------------|
| SISTER M. RITA            | HAMILTON, ONT.       |
| SISTER M. EVELYN          | HAMILTON, ONT.       |
| LILLIAN ALLINGHAM         | HAMILTON, ONT.       |
| MARIE ANDREYCHUK          | GRIMSBY, ONT.        |
| IRENE ASHWORTH            | HAMILTON, ONT.       |
| LOIS ELAINE BEATTY        | HAMILTON, ONT.       |
| ALMA JOAN BINKLEY         | FREELTON, ONT.       |
| HELEN MARIE BLACK         | STONEY CREEK, ONT.   |
| BARBARA ELEANOR BLANCHARD | GRASSIE, ONT.        |
| JOSEPHINE ANN BOLL        | SIMCOE, ONT.         |
| DALE BOND                 | HAMILTON, ONT.       |
| MARY MARGARET BRADY       | HAMILTON, ONT.       |
| MARY LILLIAN BROOKER      | BRANTFORD, ONT.      |
| MARION ELIZABETH BROUGH   | CHIPPAWA, ONT.       |
| ANN MARIE BROWN           | STAMFORD, ONT.       |
| AUDREY ELAINE BULL        | PORT COLBORNE, ONT.  |
| GRACE CARPENTER           | HAMILTON, ONT.       |
| ANN MARIE COLUMBUS        | JARVIS, ONT.         |
| MARY LOU COMERFORD        | BRANTFORD, ONT.      |
| DOROTHY CORNWELL          | CRYSTAL BEACH, ONT.  |
| BERNICE ANN COX           | HAMILTON, ONT.       |
| LEONA MAY CRAWFORD        | NIAGARA FALLS, ONT.  |
| PATRICIA ANN CUNNINGHAM   | HAMILTON, ONT.       |
| SHIRLEY DAVIDSON          | SIMCOE, ONT.         |
| EILEEN MARY DOBRUCKI      | HAMILTON, ONT.       |
| DOROTHEA FERNEY           | CAINSVILLE, ONT.     |
| DONNA MARIE FINNERTY      | BRANTFORD, ONT.      |
| LUCY FUJIMOTO             | HAMILTON, ONT.       |
| DOREEN ANNE HEMMING       | HAMILTON, ONT.       |
| ELIZABETH HEROD           | CAYUGA, ONT.         |
| FRANCES HEWLETT           | GLACE BAY, N.S.      |
| GWENDOLYN HUMMEL          | KITCHENER, ONT.      |
| MARION RUTH HUNTER        | PUSLINC, ONT.        |
| JOAN MARY KEATING         | GUELPH, ONT.         |
| AUDREY JUNE KEMPA         | BRANTFORD, ONT.      |
| REGINA KOWALSKI           | PRESTON, ONT.        |
| MARILYN LOUISE LAUR       | NIAGARA FALLS, ONT.  |
| DONNA LEAVITT             | BURLINGTON, ONT.     |
| BETTY JANE LEMON          | ALDERSHOT, ONT.      |
| PATRICIA MALOTT           | BRANTFORD, ONT.      |
| LORETTA MARLENE MANN      | CARLISLE, ONT.       |
| LOIS MARILYN MARTIN       | ANCASTER, ONT.       |
| LORNA BEATRICE MARTIN     | HAGERSVILLE, ONT.    |
| MARY PATRICIA McDONNELL   | WATERDOWN, ONT.      |
| RITA McGIBBON             | NIAGARA FALLS, ONT.  |
| MARY THERESA McLOUGHLIN   | HAMILTON, ONT.       |
| JOANNE MERRY              | NIAGARA FALLS, ONT.  |
| MARILYN HELEN MILLS       | BRANTFORD, ONT.      |
| RUBY MARIE MITCHELL       | HANNON, ONT.         |
| BARBARA GEORGINA MUTCH    | HAMILTON, ONT.       |
| ELSIE ORMEROD             | HAMILTON, ONT.       |
| PEARL OSTER               | CAYUGA, ONT.         |
| GERALDINE CLARE PENNELL   | ST. LAMBERT, QUE.    |
| MARGART JANET SHARPE      | WATERFORD, ONT.      |
| MARGARET SHONIKER         | PRESTON, ONT.        |
| EDNA MAE SMITH            | SIMCOE, ONT.         |
| LOIS ISABELLE STEWART     | HAMILTON, ONT.       |
| HELEN DIANE SULLIVAN      | HAMILTON, ONT.       |
| MARY MARGARET SULLIVAN    | St. CATHARINES, ONT. |
| SUZANNE JULIENNE TAMBEAU  | HAMILTON, ONT.       |
| BEVERLEY ANNE TYNE        | HAMILTON, ONT.       |
| ANN VACOLA                | HAMILTON, ONT.       |
| JENNIE VACOLA             | HAMILTON, ONT.       |
| LOIS MARIE WHITE          | HAMILTON, ONT.       |





Nursing memorabilia from Mary Margaret Porcelli, (Mollie Brady'54) was donated to the Alumnae Archives by her daughter Diane Porcelli.  
 "My mother was quite proud of her profession as a Registered Nurse and would be very pleased that her memories are going to the St. Joseph's Nurses Alumnae.  
 Her final years of nursing were as Head Nurse of Labour and Delivery."

st. Joseph's School of Nursing,  
 Mountain Boulevard,  
 Hamilton, Ontario

St. Joseph's School of Nursing

Time 2 o'clock Date Aug 31 1952

Permitted by Sister M. Bonaventure

Student Miss Brady

Time ..... Supervisor



Mary Brady'54



Dorothy Ferney, Audrey Kempa,  
 Mary Brady

Mary Brady

Dear Miss:

Dear Miss: Brady

We are looking forward to meeting you on Monday, Sept. 10/52 for registration between the hours of 9 and 11 A.M.

You are requested to have parent or guardian accompany you.

During the Preliminary term, a radio in your room is not allowed.

Kindly bring certificates and \$50.00 for text books, collar, cuffs, etc., if not already arranged.

Sincerely yours,

Sister M. Bonaventure  
Reg. N.

Sister M. Bonaventure, Reg. N.  
 Superintendent of Nurses



The  
 Nightingale Pledge

**I** SOLEMNLY PLEDGE MYSELF BEFORE GOD AND IN THE PRESENCE OF THIS ASSEMBLY:

**T**O pass my life in purity and to practice my profession faithfully.

**I** WILL abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug.

**I** WILL do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my profession.

**W**ITH loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.

This pledge was formulated in 1893 by a committee of which Mrs. Lystra E. Greiter, R.N., was chairman

**Christmas Greetings**

A Nurse's Prayer

**B**ECAUSE the day that stretches out for me is full of busy hours, I come to Thee! To ask Dear Lord, that Thou wilt see me through The many things that I may have to do. Help me to make my beds the smoothest way. Help me to make more tempting every tray. Help me to sense when pain must have relief. Help me to deal with those borne down by grief. Help me to take to every patient's room The Light of Life to brighten up the gloom. Help me to bring to every soul in fear, The sure and steadfast thought, that Thou art near. And if to-day or if to-night maybe, Some Patients in my care set out to sea, To face the great adventure we call death. Sustain them Father, In their parting breath. Help me to live throughout this live-long day As one who loves Thee well, Dear Lord I pray - And when the day is done and evening stars Shine through the dark above the sunset bars, When weary and tired, I come to seek my rest - Lord, may I truly know I've done my Best!

Compliments of  
 W. B. SAUNDERS COMPANY  
 West Washington Square Philadelphia  
 PUBLISHERS OF BOOKS FOR NURSES  
 (Portrait Reproduced by Courtesy of Johnson & Johnson)

Articles donated by Mary M. Brady



GRADUATION 1954

The Sisters of St. Joseph  
and the Graduating Class of  
Nineteen hundred and fifty-four  
St. Joseph's Hospital  
School of Nursing  
cordially invite you to be present at the  
Graduation Exercises  
Wednesday afternoon, May the twenty-sixth  
at three o'clock, D.S.T.  
Auditorium, Cathedral of Christ the King  
714 King Street, West  
Hamilton, Ontario

Reception  
Underneath Residence

Admission by ticket only.

Mary Margaret Brady

Greeting  
Mt. M. Brady  
May this glad occasion  
Be wholly your own,  
Bring back sweetest memories  
Of joys you have known,  
And make you so happy  
That when the day's gone,  
The blessing it brought you  
Will still linger on.  
May 26, 1954.



*The Nurse*

*That cap the nurse on duty wears  
Is costlier than the bonnets gay  
Worn by the wives of millionaires  
Regardless of the price they pay.  
'Tis something she herself can make,  
A bit of linen, trimmed and turned  
The right to it (for mercy's sake)  
Was with three years of training earned.*

*That uniform of spotless white  
Was costlier than a lady's gown,  
'Twas bought with care by day and night  
For those with illness stricken down.  
The royal robes show royal birth  
But every nurse's simple pin  
Is emblematic of her worth;  
A symbol she has toiled to win.*

*Oh gracious spirit, love imbued,  
That can such tender care accord,  
Perhaps it is, that gratitude  
Must always be your best reward.  
Now out of gratitude appears  
This tribute, done in simple verse  
Unto the dedicated years  
Of all who choose to be a nurse.*

by EDGAR A. GUEST

100 and 200 SURGICAL:                      SENIOR GRADUATE DUTIES.

A.M.

1. Report  
*List for Confessions - Sun + Wed.*
2. Check diet sheets.                      *Communion Mon. + Thurs.*
3. Check O.R. patients and charts.    Have list of duties for orderly ready.
4. Visit all patients, noting conditions and nursing problems.
5. Check penicillins.
6. Keep supervisor informed at all times.
7. Make rounds with doctors, see that new orders are carried out.  
Assist Junior Graduate whenever necessary, and as often as possible.
8. Check all students regarding patient care, treatments, etc.  
Make sure assignments are completed before student goes off duty.

P.M.

1. Make necessary changes on diet sheets.    Prepare new ones for  
'to-morrow.
2. Check all charts for new orders and do Cardex.
3. Have Junior graduate re-check all patients.
4. Responsible for new admissions regarding - Cardex, Orders, Suppers,  
Preps and Enemas.
5. Check all temperatures and mark H S laxatives.
6. Check and sign medication sheet.

Senior Graduate Duties

# St. Joseph's Hospital

HAMILTON - ONTARIO



## POLICIES AND RULES REGARDING GENERAL DUTY NURSES

### ST. JOSEPH'S HOSPITAL

#### Policies and Rules Regarding General Duty Nurses

The Sisters of St. Joseph welcome you to their staff of graduate nurses and they hope your stay with them will be pleasant and beneficial to you and to those with whom you work. If at any time you are in need of assistance or guidance be assured of the help of the Director and Supervisors.

The aim of St. Joseph's Hospital is:

- (a) To alleviate suffering, physical, mental and spiritual.
- (b) To co-operate with the doctors in the care of the sick.
- (c) To aid the patient to return to health in the shortest period of time and at the least possible cost.
- (d) To assist the dying by preparing them to meet their God and Saviour.

The Hospital is fully approved by the Canadian Hospital Association, the American Hospital Association, and the American College of Surgeons, and the Catholic Hospital Association of the United States and Canada.

#### GENERAL INFORMATION

##### Registration

All registered nurses must be registered in the Province of Ontario. Nurses from other Provinces by applying to the Registrar, Miss Mildred F. Weir, Registered Nurses' Association of Ontario,

515 Jarvis Street, Toronto, may obtain Ontario Registration through reciprocity. They should also be active members of their alumnae associations.

##### Salary

The nurses' salary is paid according to a definite wage scale which is based on the prevailing conditions of the current year.

Registered Nurses Day Shift—\$185.00.  
Registered Nurses Alternating the Day and Night Shift—\$195.00.

NOTE: Salary is also based on length of time since graduation, previous experience, post graduate study, and length of time on staff.

Promotion is based upon merit of service and co-operation with the management.

##### Hours of Duty

General duty nurses work an 8-hour day and a 5½ day week with a half hour off for lunch. In departments where one or more graduates are employed, time is scheduled for hours of duty and lunch time in order that a graduate is responsible for student nurses and nursing care at all times.

##### Vacation

After one year of employment the graduate is entitled to three weeks' vacation with salary taken at the discretion of the Department Head. (After three months' service and under one year, two days for each remaining month with salary is allowed.)

##### Sick Leave

One day per month for first year, then two weeks per year.

##### Absence

Absence should be reported to the Director of Nurses as soon as possible. It is much easier to arrange for nursing service with a day's notice than to try to fill a vacancy that is unexpected. Punctuality is always required, particularly reporting on duty.

Kindly notify nursing office of change of address or telephone number.

##### Health Programme

A yearly physical examination, X-ray and blood work are required.

We advise all graduate nurses to make arrangements for Blue Cross Insurance through the hospital secretary.

##### Educational Staff Meetings

Graduates are obliged to attend Educational Staff Meetings of the hospital.

##### Resignation

A contract signed for one year is required and at least one month's written notice is desired before leaving. A personal interview, in which the reasons for resignation are given, is in keeping with the professional dignity of the nurse.



#### Workmen's Compensation Act

Graduate Nurses are entitled to the benefits of the Workmen's Compensation Act. If an accident occurs while on duty, notify the Director of Nurses as soon as possible as forms must be sent in to the Compensation Board within 24 hours from the employer, doctor and employee.

#### Personal Appearance

The professional woman is always well-groomed. A dignified appearance must be maintained at all times. The uniform, cap and pin are worn on duty in all departments. Nylon and sharkskin uniforms may not be worn where anaesthetics are administered.

A moderate amount of cosmetics may be used.

Coloured handkerchiefs are not becoming with the uniform.

Smoking is not permitted while on duty.

Lockers are provided for clothing. Keys may be secured at the office.

#### Rules Regarding Charting

When in doubt we advise you to consult the supervisor of the Department regarding rules for charting, for example, signing of clothes lists, authority to operate, drug requisitions and requisitions for various departments, etc. The Supervisor's permission must be obtained for the calling of physicians or internes for serious reasons, particularly where the responsibility of the hospital is involved.

#### Catholic Nurses

Masses on week days at 6.20, on Sundays and Holy Days at 7.20 and 7.30. Please notify the Supervisor if you have missed Mass on Sunday or Holy Day in order to make arrangements to attend a later Mass.



# St. Joseph's Hospital

HAMILTON - ONTARIO



## POLICIES AND RULES REGARDING GENERAL DUTY NURSES



Back Row: Loretta Mann, Donna Finnerty, Marion Hunter, Diane Sullivan, Mary Lou Commerford  
Front Row: Mary Lou Laur, Audrey Kempa



Mr. Chairman, your Excellencies, your Worship, Reverend Fathers and Sisters, Distinguished Guests, and Members of the Graduating Class:-

On this, your day of graduation, I address these brief remarks to the members of the class of 1954 in behalf of all of us who have come here to extend congratulations and to wish you Godspeed.

I convey to you our abiding admiration for the perseverance you have shown in completing your difficult training. I promise you our prayers that your careers in nursing will be rich and rewarding. Looking at you now, it is obvious that you will certainly adorn and beautify the noble profession you are entering.

If one sentence can sum up the character of women in nursing, I think that sentence says: Nurses are moved by a spirit of true dedication. That wonderful spirit must have been born in you. It has been encouraged by the good sisters who have taught you and counseled you, for theirs are lives of overwhelming dedication.

A friend of mine once asked his two young daughters what they planned on doing when they grew up. The ten-year old thought a moment and replied: "Dad, when I'm big, I might be an actress or a lady lawyer, or maybe a lady

businessman. I don't know yet. But when the time comes I'll look around and whatever pays the most, that's what I'm going to do."

Her eight-year old sister thought a minute, too, and then she said: "I would like to help people, so I'm going to be a nurse!"

Today, some ten years later, the first young lady is still not quite sure what she'll do. The other is in nurse's training, because there is in her this spirit of dedication.

I think that all of you graduating today wanted to be nurses from the time you were little girls. That is why your graduation is more than a commencement -- it marks an achievement. You are young, but you have already reached a worthwhile goal. Your honesty, your integrity have led you to fulfill a mission that lay deep within you, even though you must have been assailed by doubts and fears as you proceeded through your rigorous training.

People perhaps fail to realize how much devotion goes into the training of a nurse. A young man, or a young woman, in a university spends 40 hours a week in preparation for a career. Other young men and young women enter business or industry as apprentices and work 40 hours a week -- for which they are well compensated -- to learn a life's work. But a

student nurse does as much studying, every week, as the university student, and as much work, every week, as the apprentice. And this double duty persists week after week, month after month, for three difficult years! No longer need you wonder why we admire you! The world says of nurses: "They're always so beautifully scrubbed and so freshly starched." But we know that your inner fabric is woven of fortitude, and that it stands up with the starch of resolution.

Our hopes ride with you and our prayers follow you as you enter upon this great profession. Strange, isn't it, that any of us could quickly name 10 outstanding engineers, or 20 famous business men, or 50 celebrated statesmen? But if we tried to name half a dozen nurses, we'd get about half-way -- Florence Nightingale, Edith Cavell, Clara Barton -- and then flounder. In this changing world, this, too, will change, and the challenge you take with you from this, your graduation ceremony, is that one of you, or many of you, might rise to the highest eminence of your profession. In these days, when men are putting their heads and their hearts to ever nobler works, the whole medical profession of which you will be such a magnificent part cannot help but grow in prestige and in esteem.

I am happy to note that your services to humanity will be more adequately compensated

than they have been in the past. This is another and a gratifying, trend of our times. Nurses and teachers and others whose lives are monuments to giving rather than memorials to getting are at long last being recognized as economic creatures, too. This is as it should be, and it is a sign that we are not stagnant.

But mankind doesn't live on bread alone and your great rewards, as were those of your sister nurses in generations gone by, will continue to be rewards of the spirit. You who will be the ultimate hopes of children in pain, of women in the shadow valley, of maimed men, of the sick, the lame and the halt -- you who will walk the last mile with hundreds of human beings and with your strong hands comfort them in their final agonies -- you will surely be aware that your careers are offerings to God because they are contributions to men and women made in His likeness. Yours will be the everlasting satisfaction of knowing that your daily lives are never-ending corporal works of mercy.

We who will forever be debtors to your profession send you on your way with gratitude born of admiration for your spirit of true dedication . . with prayers for your health, your well being and your peace of mind . . with high hopes that you will always be a genuine credit to that splendid army of women who carry on their banners the proud name of Nurse.

An Address  
to the

GRADUATING CLASS OF NURSES

ST. JOSEPH'S HOSPITAL

Hamilton, Ontario

May 26, 1954

by

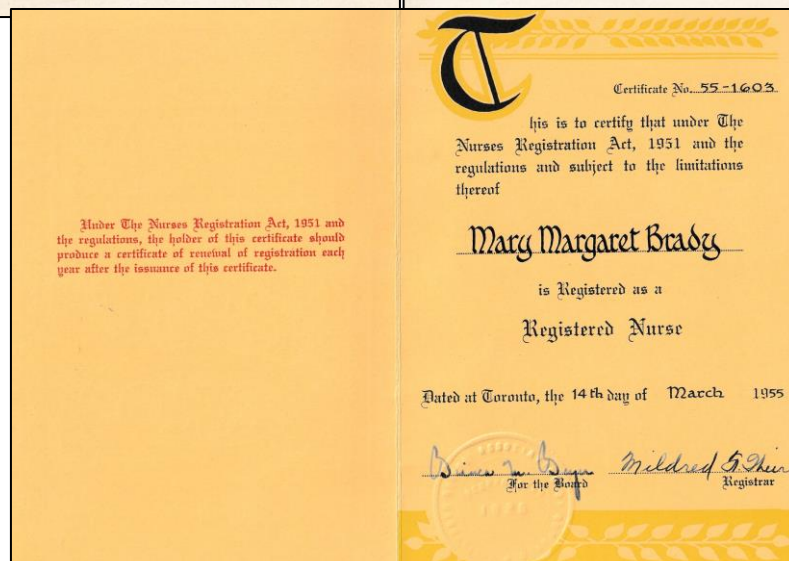
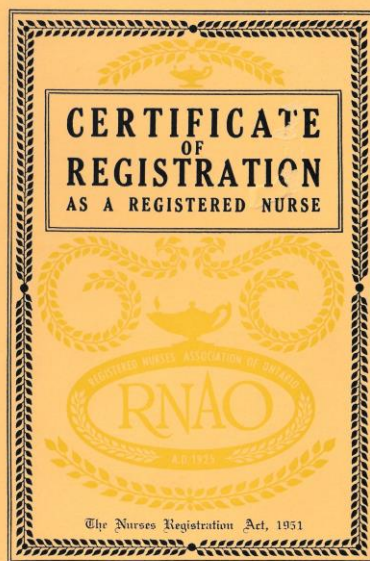
D. C. GASKIN

....

Articles donated by Mary M. Brady



Mary Brady



Dear Graduates:

The portals are now opened wide to welcome you. But no, you say, they are Closing - we are leaving, and all this is behind us. Perhaps, but the great gates of the world swing wide and society awaits with open arms to receive you.

For three years you have trained at St. Joseph's. Many times you valiantly made the effort and overcame difficulties and discouragement. These years have meant your future and happiness always.

Now, as you leave us, it is not easy. You remember your classmates and those of other classes who have become near and dear to you. All petty difficulties are overcome and only happy memories remain - the joy of this day of days crowning them with unforgettable glory.

We hope that many of you will remain on our staff. Others will go far afield in search of exciting and more diverse methods of nursing. But wherever you go St. Joseph's and its teachings go with you. Always you will be able to turn back in your memory book to fond and good reminiscences of days and weeks spent in our warmth, operating theatres, cafeteria and residences of "St. Joe's".

Today as you leave, your happiness is clouded with nostalgic reminiscence. We too, are rejoicing but are saddened at losing you. With you we send every heartfelt wish for all the success and happiness possible now and always.

- 1958 - 1960 *Elizabeth Herod '54 served on the Alumnae Executive as 1st Vice President*
- 1960 - 1962 *Elizabeth served as President*
- 1962 - 1963 *Elizabeth served as Past President*
- 1963 - 1964 *Elizabeth served as Corresponding Secretary*
- 1964 - 1966 *Elizabeth served as a member of the Advisory Board*

THE NURSE

The world grows better year by year,  
Because some nurse in her little sphere,  
Puts on her apron and grins and sings,  
And keeps on doing the same old things.

Taking the temperatures, giving the pills  
To remedy mankind's numberless ills;  
Feeding the baby, answering the bells  
Being polite with a heart that rebels.

Longing for home and all the while  
Wearing the same old professional smile;  
Blessing the new born babe's first breath  
Closing the eyes that are still in death.

Taking the blame for the doctor's mistakes,  
Oh Dear, what a lot of patience it takes;  
Going off duty at seven o'clock  
Tired, discouraged, and ready to drop.

But called back on special at seven fifteen  
With woe in her heart, but it must not be seen,  
Morning and evening, and noon and night,  
Just doing it over and hoping it's right.

When we lay down our caps and cross the bar  
Oh Lord, will you give us just one little star,  
To wear in our crowns with our uniforms, new  
In that city above, where the Head Nurse is you.



*Elizabeth Herod Newman '54*



*Reunion Day 2015  
Elizabeth Herod Newman '54 said Grace.  
(Alumnae President 1960 - 1962)*

TENNIS:  
The court at Oakbank often rang with shouts of laughter during the cool, early summer days and nights as students bounced the balls back and forth. Games weren't often played. It was mostly just practice. Maybe that's because not too many of the students knew about the court and its possibilities. Perhaps more will take advantage of Oakbank and will play more tennis in their off-duty hours. It certainly was fun and this authoress can well verify that fact; so we'll be seeing you there come spring again.

BADMINTON:  
Originally starting as a church club, this mustard-seed soon flowered out as a very cosmopolitan organization indeed. Soon the students at St. Joseph's were all buzzing about Badminton and Wednesday nights in one breath. Apparently "Bill and Mary" are the two who so generously gave their time and efforts to maintain and keep the club progressing. More power to them! Not many are championship class but all the players are heading in that general direction by one means or another.

February Class of 1955.



*Marie Andreychuk Yakimoff '54,  
Doreen Duncan Valente '55*



*Reunion Day 2017*

## "GOOD-BYE"

Last night, when the clock struck twelve, Father Time with a wave of his magic wand drew to a close another tired, old day, and brought forth a brand-new one. For you, the members of the Graduating Class, it is a very special Day: one that you have looked forward to and, perhaps, dreamed about through the months and years of your training. Now it is a reality and I do hope that the fleeting hours of this day will measure up to all those dreams and that the memory of them will remain with you always as a source of joy and happiness. As you enter upon it, may I extend to each of you my sincerest congratulations and, at the same time, say "Good-Bye" to you.

"Good-Bye!" How often throughout the course of this day you will hear these words spoken as the members of your family and your friends take their leave of you when this Day of Days comes to an end. It will sound strange, perhaps even out of place, for me to say it to you now, at almost the beginning of the day. If you think it over, however, it is neither strange nor out of place, for "Good-Bye" is not only my greeting, it is also my sincerest wish for you. After all, that salutation which we use so often in a careless, off-hand manner, is more than a mere word of parting; it is a contraction of the prayerful wish "God Be With You."

Yes, indeed, may God be with you today and every day, down through the course of the years which He has in store for you, blessing them as only He can with an abundance of His graces and blessings. May God be with you in all the dreams you will ever dream and in every plan you will make. May He be the guiding and directing Power behind every action you will ever perform, in order that He may be able to reward you for it. May God be with you in your hours of joy and happiness, to sanctify them by His presence and direct them all back to Him Who is the source of all real and abiding happiness. May God be with you when the cross of sorrow casts its shadow over your individual lives, to comfort and console you and to help you carry your sorrowful burden with the love with which He carried the Cross for us. In the words of the late Cardinal Newman, "May He be with you all the day long, till the shades lengthen and the Evening comes, and the busy world is hushed, and the fever of life is over and your work is done. Then, in His Mercy, may He give you a safe Lodging, and a Holy Rest, and Peace at the last."

On this your day of Graduation, accept my sincerest congratulations on having brought to achievement something that once was only a dream. May each of you find in her chosen career the happiness she desires. All that remains to be said then is, "Good-Bye," "God be with you."

Reverend A. J. O'Brien.



*Sister M. Bonaventure*



*Dr W. P. Downes*



*Father A. J. O'Brien*

May is a beautiful month, when nature shows itself to be alive once again. Indeed, it is the month of life and promise, and the ideal one for you who are thinking of the part that you will play in that world of to-morrow.

It is through your professional organization that you take your place beside other professional groups, contributing your share of knowledge and interest. Your work offers continued opportunities for generosity and courage. Often you have heard it said, you must not be only an angel of mercy, but a good natured philosopher as well, who is kindly understanding, cheerfully firm and spiritually and mentally alert. To you is entrusted those who have borne the heats and burdens of the day.

And so it is my sincere wish that Graduation Day will be a happy one for you, your parents, and those who taught and guided you in your profession.

Sister M. Bonaventure,  
Director of Nurses.

## GREETINGS TO THE GRADUATES

Congratulations and best wishes to the sixty-four new graduate nurses who are joining the ranks of the profession in 1954. You are the graduate nurses of the immediate future, and have before you a wealth of opportunity and many fields from which to choose that first, long-dreamed of position.

Nursing, along with medical science to which it is so closely related, is constantly in a state of change - in patterns for education and service, and, most basically, in studying the very functions which nurses should perform. It behooves all of you to increase your knowledge and keep abreast with the activities of your profession.

W. P. Downes, B. A., M. D. C. M.  
Chief of Staff,  
St. Joseph's Hospital.

May and June are the months which traditionally belong to graduates. This year some 2,000 Ontario students will embark on their careers as professional graduate nurses. We extend our heartiest good wishes for happiness, and success and lasting satisfactions to all the members of the 1954 Class at St. Joseph's Hospital.

Thomas Tweedie, M. D.,  
President of the Hamilton  
Academy of Medicine.

## A SPECIAL MESSAGE TO THE GRADUATES

Our Holy Father, Pope Pius XII, in his address to nurses, May 26th, 1952, spoke pleadingly of the obligation, duties and privileges of the nurse.

He said:

"Your profession presupposes qualities out of the ordinary; a solid training, that is, technical knowledge thoroughly acquired and constantly kept up to date; a nimbleness of mind capable of continuously gleaning new ideas, applying new methods, using new instruments and medicines. This requires a temperament that is calm, methodical, attentive, and conscientious. The nurse must have full self-control. . . . She must be faithful to the schedule prescribed, and she must be a careful observer. . . . The nurse must equally have many moral qualities of no less weight. She must be tactful, discreet, modest, and possess feeling and sensibility in divining the sufferings and wishes of the patient knowing what to say and what not to say. . . . Your profession demands complete dedication to the patient, be he rich or poor, easy to get on with or not. The nurse is not an office worker free to leave, without worries, when hours are up. Sometimes there are urgent cases, days burdened with work when interruption or rest are impossible --- In your life you have so many sacrifices to make, so many dangers to overcome, that without supernatural help it would be impossible for you to triumph constantly over human weakness. Within yourselves you must cultivate the spirit of self-denial, purity of heart, and fineness of conscience so that your service may be truly the act of supernatural charity demanded by Christian Faith . . . in serving the sick you must serve Jesus Christ Himself."



*Donna Finnerty, Lorna Martin, Gwen Hummell,  
Mary Lou Commerford, Doreen Hemming*



*Plaque in memory of fellow classmates  
placed on a bench in the Spiritual Garden Hospital Site*



*Campfire at Undermount*

## GOD MADE A NURSE

"God made a nurse  
He made her hands strong, tender, skilled,  
Their touch with His own pity filled,  
And gave to make His nurse complete  
A sense of humour, wholesome, sweet.  
God made a nurse. - Thank God".

Nursing, as nursing cannot change and no matter what the period of history may be, nursing is primarily care in the healing of the sick. It is a twenty-four hour service and you are a vital link between the patient and all members of the hospital team. No one demonstrates more forcibly, or more wholeheartedly, than the nurse the part that one group can play in promoting the universality of the brotherhood of man, in one common human family. A patient is drawn toward a nurse who demonstrates tender sympathy and understanding. Kindness in nursing the sick endows the character with qualities which make it rich and warm as the sentiments of the heart temper the efficiency of the work of head and hands.

We know the graduates of 1954 will be always loyal to these ideals, and true to the motto of your Hospital "Miseris Succurre Decus" --"It is an Honour to Serve the Sick".

From the Sisters of St. Joseph's Hospital Congratulations on Your Day, and May God bless each and everyone of you - always.



*Sister M. Geraldine*

B From Audrey Pickard, Class 1954 from Oakville Ontario

"Thank you for the St. Joe's Alumnae newsletter and for all the photos. Your task is appreciated especially at this time of year when it is a time to reflect on the joy of past experiences of the year and look forward to the next."

### UPDATE FROM THE CLASS OF 1954

In June 2009, our class celebrated our 55th year of graduation. We decided to donate a plaque with extra funds collected to be donated to the St. Joseph's Foundation in memory of our fellow classmates who have died. This plaque was placed on a bench in the Spiritual Garden Hospital Site.

*October Newsletter 2009*

8.  
 It does not seem possible that three long years have passed since you stood on the threshold of a new and so different life. Were you afraid? No! You did not know enough about it to be afraid. Nor did you hear the door that softly closed on your girlhood with its irresponsible lightheadedness and, perchance, lightheadedness. You stepped forward eagerly and expectantly toward that new light which, for you "limned in shining letters the words--"Graduate Nurse".

These three years of striving have been filled with many memories, some pleasant and some unpleasant. If we may ponder for a moment and go back to 1951 - with the setting in the Undermount classroom - maybe we could recall some of the unpleasant then, but humorous now, events.

Do you recall a lesson being taught, point by point, and everyone in the classroom in rapt attention? The instructor in all enthusiasm said "Now are there any questions?" and the 1954 graduate who raised her hand and replied, "Yes, where do we mail letters around here?"

As for marking Examination Papers - we always had a few chuckles to break this monotonous task--

"The type of joint movement involved when tilting the neck to look at the ceiling is reflexion".

"By depth of respiration we mean nearly at the bottom of respiration - i. e. the last breath."

"In hypodermic medication prick a good fleshy part so you won't scrap the bone. Always hold the skin taunt."

"A function of the skin is to make us look better."

The pleasant things, however, far outweigh the wearisome ones and you must be grateful now for the opportunity given you - the opportunity to learn how to live fully. Grateful to your parents, Sisters, Doctors, Instructors, and do not forget the patients, for it has been a privilege to aid them during their sickness and to have been instrumental in helping them to regain health and happiness.

Finally, with a humble and loving heart, thank God for all the graces and benefits He has showered on you. May every success be yours for the future that lies ahead.

May 26, 1954.

Sister M. Virginia.

*St. Joseph's Nurses Dance Nov, 1951*

**Picture donated by the daughter of Nancy McIntyre (on right) at the St Joseph's Nurses Dance 1951. Nancy did not graduate.**



**Elsie Ormerod Wilson '54 with her son. Elsie is an Honorary Alumnae Member.**

**REUNION DAY 2024**  
**Elsie Ormerod Wilson '54 and Eileen Hunter Kelly '47 were the most senior graduates attending the reunion.**



**REUNION DAY 2024**  
**Elsie Ormerod Wilson '54, Irene Field Monas '57, Pat LaFlamme Savelli '57, Helen Crotty Glinka Barry '56, Margaret Lagan O'Donnell '56, Carrol Karsten '56, Eileen Hunter Kelly '47**

A Nurse's Prayer

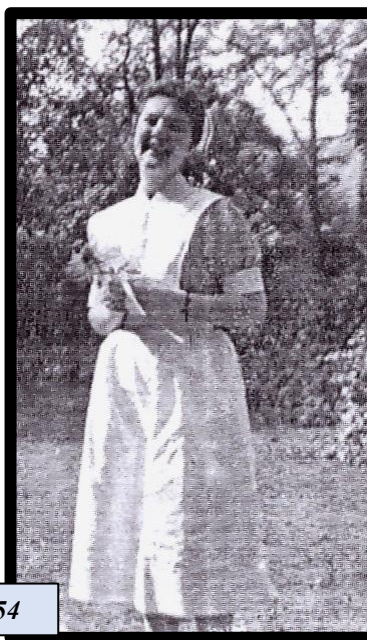
Because the day that stretches out for me Is full of busy hours, I come to Thee! To ask Dear Lord, that Thou wilt see me through The many things that I may have to do. Help me to make my beds the smoothest way, Help me to make more tempting every tray, Help me to sense when pain must have relief, Help me to deal with those borne down by grief. Help me to take to every patient's room The Light of Life to brighten up the gloom. Help me to bring to every soul in fear, The sure and steadfast thought, that Thou art near. And if today or if tonight maybe, Some Patients in my care set out to sea, To face the great adventure we call death. Sustain them Father, In their parting breath. Help me to live throughout this live-long day As one who loves Thee well, Dear Lord I pray -- And when the day is done and evening stars Shine through the dark above the sunset bars, When weary and tired, I come to seek my rest - Lord, may I truly know I've done my Best!

by Edgar A. Guest

That cap the nurse on duty wears  
Is costlier than the bonnets gay  
Worn by the wives of millionaires  
Regardless of the price they pay.  
'Tis something she herself can make,  
A bit of linen, trimmed and turned  
The right to it (for mercy's sake)  
Was with three years of training earned.

That uniform of spotless white  
Was costlier than a lady's gown,  
'Twas bought with care by day and night  
For those with illness stricken down.  
The royal robes show royal birth  
But every nurse's simple pin  
Is emblematic of her worth;  
A symbol she has toiled to win.

Oh gracious spirit, love imbued,  
That can such tender care accord,  
Perhaps it is, that gratitude  
Must always be your best reward.  
Now out of gratitude appears  
This tribute, done in simple verse  
Unto the dedicated years  
Of all who choose to be a nurse.



Ann Brown '54

Jeanne Mance Pledge

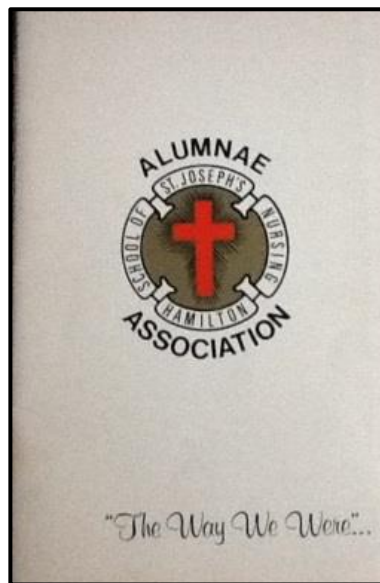
That I may be strengthened in my resolve to model my life of duty after that of Jeanne Mance, the first lay-nurse of my beloved Canada, I place myself in the presence of God, and I Pledge myself with the help of His grace to be faithful to the following ideals:

I will be true to the practice of religion, which is the inspiration of my noble vocation, and while administering to the body will serve the soul by observing the principles of right Ethics and nursing honour.

I will be devoted to the profession that is mine, obeying the physician within the sphere of his authority, and I will make my work a labor of love rather than of profit whenever the service of God or country requires it of me.

Lois Stewart Mackenzie '54 received an Honors BA in History from McMaster University, Hamilton, in June.

Newsletter 1990



The Way We Were  
written in 1976 by  
Lois Stewart '54 and Ruth Milne '58

This book contains a collection of excerpts  
from the minutes of the Alumnae  
with some personal observations of the authors.



Lois Stewart '54



Ruth Milne '58

1958 - 1960 Lois Stewart '54 served on the Alumnae Executive as the President  
1960 - 1962 Lois served as Past President  
1963 - 1965 Lois served as 2<sup>nd</sup> Vice President / Publicity Convenor  
1965 - 1967 Lois served as 3<sup>rd</sup> Vice President / Publicity Convenor / Monthly Newsletter  
1968 - 1970 Lois served as a member of the Advisory Board  
1979 - 1983 Lois served as a member of the Advisory Board  
1983 - 1989 Lois served as the recording secretary

## TOAST TO OUR ALMA MATER – JUNE 4<sup>TH</sup> 2004

By Joan (Keating) Boxer – Class of 1954

I am very honoured to be asked to toast our Alma Mater at our 50<sup>th</sup> Anniversary. "Yea Class of '54!

St. Joseph's School of Nursing to me is a time in our lives when we were morally, spiritually and professionally developed. We were young when we came to St. Joe's and very naïve to all the different ways of human behaviour. We learned compassion, self-discipline, and the understanding and acceptance of human frailties. We learned as much from our patients as we gave. We learned from our instructor and our classmates were always there to support us.

We shared our struggles and our mistakes, and yes, there were many, but we also shared our joys. The joy of receiving first our caps, later our black bands and then the pride and joy of our final graduation. The most rewarding joys to me are the lasting friendships that I made and still cherish today. There can be no comparison to the human bonding that took place for those of us who lived in residence and to those nurses who, in later years, attended college and university, and only came to the hospital on a daily basis.

The hospital, the Sisters of St. Joseph and all their administrative staff, our instructors were all part of our Alma Mater. I will always be proud to call St. Joseph's my hospital and live by its motto: *It is an honour to serve the sick.*

Although nursing has changed because of all the technological changes, nurses still care and nursing is still one of the most honourable professions. Will all the Alumnae here tonight join with me and my class of 1954 in presenting this toast to our Alma Mater.



Joan Keating Boxer '54

### Altar Antependium

The Alumnae Association of St. Joseph's School of Nursing gratefully acknowledges the creativity, time, thought and kindness demonstrated by KATIE DREW, a parishioner of St. Charles Garnier Church who voluntarily designed the beautiful antependium draping our altar today.

The antependium is predominantly gold and red, the school's colours. The red flames symbolize pain which is quelled by the hands of the nurse which on earth become the healing hands of God. They offer water, solace and love.

Sadly, Katie's beautiful life came to an end on October 27, 2005.

### REFLECTION ON THE ANTEPENDIUM

By Katie Drew

Katie Drew, a retired teacher, and parishioner of St. Charles Garnier Parish, created, made and donated a beautiful Antependium (see photo below) to St. Joseph's School of Nursing Alumnae Association at the 11.30 a.m. Annual Reunion Mass June 4<sup>th</sup> 2004. During her presentation, her moving reflections on the Antependium were so beautiful and meaningful, that we asked her permission to share them for the newsletter.

*"The symbols in the Antependium use some of the ancient forms seen in the Christian Church over the centuries. The flames represent the suffering and distress of patients as they await diagnosis and treatment. During this stressful time, patients look to God and God's everlasting Love, which is symbolized by the golden triangle. This triangle, an ancient sign for the Trinity, personifies God the Father, God the Son and God the Holy Spirit. The Holy Spirit (the Dove) is known as the "Healer", and from this Second Person of the Holy Trinity, flows comfort and healing.*

*These gifts of comfort and healing, characterized by the water, come through the hands of the Nurse, who, on earth, becomes the hands of God, the Son. Then you, the nurses, through whom Christ works, bring comfort and healing to your patients.*

*For you this Antependium was created and made, for it is both a symbol of the Trinity and a visual depiction of your God-given vocation.*

*Blessings to all nurses."*



Antependium Created and donated by Katie Drew



Dorothy Marshall '46  
Alice Hyslop '44

Posted in the October Newsletter 2004





**JEANNE MANCE – CANADA’S FIRST LAY NURSE  
1606 - 1673**



Submitted by Marie Yakimoff - Class of '54

During the early 1950's, student nurses, who had successfully completed the four month probationary period at St. Joseph's School of Nursing, participated in an emotionally moving "Capping Ceremony". Lights in the Undermount Classroom were dimmed, candles were lit and carried by the excited students. Prior to the reception of caps, the class recited the Jeanne Mance Pledge. Although those beginning nurses had learned that Jeanne Mance was Canada's first lay nurse, it is doubtful that they were aware of the impact that this lady had on what was to become Canada.

Jeanne Mance, a woman of noble birth was born in Langres, France. (She predated Florence Nightingale by two centuries.) She probably learned her nursing skills while caring for the wounded during the "Thirty Years War" in France. With financial support from another woman, Madame Bullion, she sailed for Canada in 1641 to establish a hospital in the new colony of Hochelaga (Montreal). However, to prevent the slaughter of the colonists by the Iroquois, Jeanne Mance gave Maisonneuve, the governor of Montreal, the 22,000 livres provided by her benefactress, so that he could hire soldiers from France to protect the colony. Had she not done so, historians tell us, Montreal would have ceased to exist. For the monies, she was given 100 acres of uncleared land in what today is Montreal. Her benefactress approved but her bishop, Bishop Laval, did not. Records indicate that he harassed her until her death, about "her deal". Today, historians identify her as one of the "Founding Fathers of Montreal".

Jeanne Mance opened her first hospital in 1642. It was a little dispensary in the Fort's interior. In 1644 she established the first Hôtel Dieu Hospital in Canada. The hospital buildings shared its four acres of land with "two oxen, three cows and twenty sheep". The dispensary contained drugs, most of which were produced from herbs grown on hospital property by hospital personnel. Bandages were available as well as instruments such as lancets, medical razors, syringes, mortars and scales.

The young hospital experienced its first epidemic in 1654 when forty of the sixty soldiers sent to defend Montreal, died of "Black Leg" caused by improperly cured or preserved pork. Symptoms included "fever, pain, rotting skin and an unbearable stench". Interestingly, those who came to hospital for care lived. Injured Iroquois were also brought to the hospital and treated but they required guards, because on convalescence, they would attempt to kill the nurses.

The Hospitalers of Saint Joseph of Montreal were Jeanne Mance's first nurses. Their letters to relatives in France tell of eating course bread, some pork and salt meat, a few vegetables and moose meat if the hunters brought it in. They described eating frozen food (they had no cellars), wind and snow blowing through their buildings, and worn and patched clothes.

Letters written by the inhabitants of Hochelaga describe Jeanne Mance's dedication to the physical, emotional, social and spiritual welfare of all those for whom she was responsible, throughout her life in Canada.

Historian Dr. J.K. Foran in his book "Jeanne Mance" concluded that she fought a good fight and kept faith with:

- The Associates of the Company of Montreal
- Her benefactress Madame de Bullion
- Marguerite Bourgeoys – a Notre Dame Sister and Canada's first teacher
- The community of Montreal which she helped to establish
- Leaders she worked with in the Colony and in France
- The Iroquois Chiefs

- The agents of the trading posts whom she chastised for trading liquor for furs.
- The Sisters who came to staff her hospital
- Maisonneuve and other civil and religious persons of authority in Canada
- Her God, who saw fit to heal miraculously an improperly healed right arm of a colonist.

In summary Jeanne Mance was quite a lady. She needs to be remembered, held in esteem and even emulated, by all Canadian Nurses.

**THE JEANNE MANCE PLEDGE**

*That I may be strengthened in my resolve  
to model my life of duty after that of Jeanne Mance,  
the first lay nurse of my beloved Canada.*

*I place myself in the presence of God  
and I pledge myself with the help of His grace,  
to be faithful to the following ideals:*

*I will be true to the practice of religion,  
which is the inspiration of my noble vocation,  
and while administering to the body,  
will serve the soul  
by observing the principle of right ethics  
and nursing honour.*

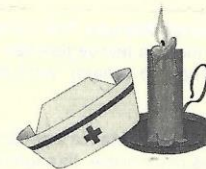
*I will be devoted to the profession that is mine,  
obeying the physician within the sphere of his authority,  
and I will make my work a labour of love  
rather than of profit,  
whenever the service of God or country  
require it of me.*



**Jeanne Mance  
November 12, 1606 - June 18, 1673**

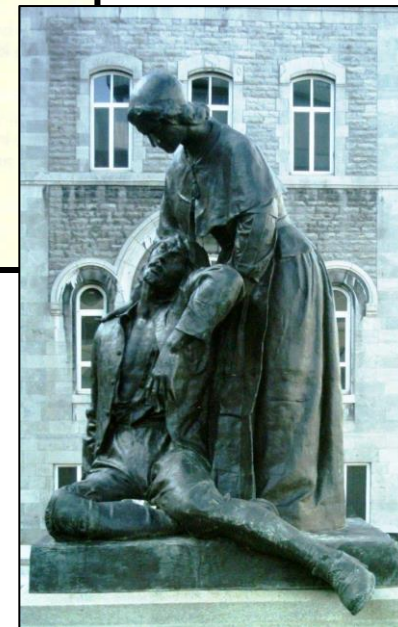


**Written by Marie Andreychuk Yakimoff '54  
Published in the Newsletter 2002**



**1957 - 1958  
2001 - 2011**

**Marie Andreychuk '54 served on the Alumnae Executive as the Recording Secretary  
Marie served on the Alumnae Executive as the Mass Coordinator**



April 29, 1954

Annual meeting of St Joseph's Hospital Auxillary

THE HAMILTON SPECTATOR THURSDAY APRIL 29 1954



Mrs. J. E. O'Brien (left), retiring president of the St. Joseph's Hospital Auxillary, presents a life membership to Mrs. David Donohue (right). This pleasant incident occurred during the recent annual meeting of the auxillary, marking appreciation of Mrs. Donohue's faithful service.—Hourigan photo.



The new president of St. Joseph's Hospital Auxillary, Mrs. Weaver (centre), stands with Mrs. J. J. Pinnington (left) and Mrs. J. J. Fahlgren (right). Undermount, the nurses' residence, was the scene of the annual n...—Hourigan photo.

Congratulations to Marie Yakimoff (Andreychuk '54) on winning the Mohawk College "President's Award of Excellence". Anyone who knows Marie knows how well deserved this is.

Newsletter 1998

Many hundreds of well-wishers called at Undermount during the annual Christmas Bazaar held at St. Joseph's Hospital Auxillary. Last year's bazaar raised \$3000. It is being planned to use some of the proceeds this year to purchase croupettes and bassinets for the infants ward at St Joseph's Hospital.

The Auxillary is growing and becoming an increasingly active assisting / group to the Sisters of St Joseph in helping to add special equipment to increase the hospital's efficiency and supply items which will bring extra comfort to patients. There are now 253 members in the auxillary.

The Undermount nurses residence made an unusually homey setting for the bazaar this year, being gaily decorated with one big Christmas tree, and much greenery, colourful candles and other traditional touches.



Audrey Bull Pickard '54, Sister Ann Marshall '56 Elizabeth Herod Newman '54, Marie Andreychuk Yakimoff '54



Patricia LaFlamme Savelli '57, Mary Haley Tilden '42, Marie Andreychuk Yakimoff '54

Funds Raised At Colourful Annual Event Purchase Special Equipment For Hospital

Many hundreds of well-wishers called at Undermount during the annual Christmas Bazaar held by St. Joseph's Hospital Auxillary this week, making it the most successful such event yet held by this group of hard-working women. It is expected that when the final results are counted up they will exceed the nearly \$3,000 which was made last year. It is being planned to use some of the proceeds this year to purchase croupettes and bassinets for the infants' ward at St. Joseph's Hospital.

As the hospital grows, the Auxillary also is growing and becoming an increasingly active assisting group to the Sisters of St. Joseph in helping to add special equipment to increase the hospital's efficiency, and supply items which will bring extra comfort to patients. There are now 253 members in the auxillary, 48 of whom are active on the executive. The Undermount nurses' residence made an unusually homey setting for the bazaar this year, being gaily decorated with one big Christmas tree, and much greenery, colourful candles and other traditional touches. The large numbers who came during the afternoon and evening, had an interesting time visiting the various displays, and relaxing in the afternoon tea room over a cup of tea. Mrs. W. A. Weaver, the president, spoke appreciatively of the work of the women, and of the contributions of the Sisters whose display of needlecraft was much admired. She especially paid tribute to the tireless efforts of Mrs. J. R. LaCroix, general convener, who not only supervised the planning, but herself, at home, worked on many items for the bazaar, such as the cute little candy boxes shown. These were actually little tins which had held baby foods, and had been colourfully decorated and filled with home-made candy. Mrs. G. C. McAuley opened the bazaar.



Reunion Day 1990 Barbara Blanchard Hogan '54 Joan Binkley Stroud '54

Classmates in 1954, Barbara Hogan, left, of Hamilton, and Joan Stroud, Dundas, look at class pictures.

'Patient' nurse lauds nurses


By THERESA BOYLE The Spectator  
BARBARA HOGAN'S respect and appreciation for her fellow nurses was enhanced when she became a patient under their care three years ago.  
She had worked as a nurse at the West Lincoln Hospital, Grimsby, from 1964 to 1966, when she was diagnosed as having cancer of the liver. She then underwent the first successful liver transplant at Toronto General Hospital.  
The nurses were "tremendous," she said. "After a liver transplant you don't know what's going on for a few days. I respected their skills. My life was in their hands."  
She said changes in the profession since she began nursing in 1954 have been astounding and not necessarily for the better. "There's more technology and machinery. It's not bedside nursing like I was taught. You can get so busy with the vital things that it takes you away from the patient."  
Mrs. Hogan of Grimsby was one of 450 alumni attending the 75th reunion of St. Joseph's Hospital school of nursing at the Hamilton Convention Centre yesterday. The reunion allowed graduates from as far back as the class of '25 to get together and reminisce about the old times.  
From 1911, when the school was established, to 1974, when it was amalgamated with Mohawk College, it graduated 2,969 nurses.  
Sophia Guzman, from Tamarac, Florida, took a tour of St. Joseph's Hospital and was saddened by the changes that have occurred since she graduated in 1954.  
"It's much bigger. It's all modern now. You wouldn't think it was the same hospital. The nursing residence is all torn down. It was really beautiful. I think there's a parking lot there now."  
"I guess it's for the better. Times change. They do things differently now."  
Mardi Bullivant, who would not say when she graduated, quit her job at Henderson General Hospital three years ago to start an employment agency for nurses and other health-care providers. She said she enjoyed her job as a nurse but "wanted to try something new."  
She said she's following a growing trend among women looking for jobs outside the traditional careers. "Everything is opening up now and women are being more choosy. It used to be that they could only be secretaries, teachers and nurses."  
Alumni from all over Canada, the United States and even Tobago and Antigua attended the event. In a speech to the alumni, Hamilton Mayor Bob Morrow said the reunion would serve to "bring the good word of Hamilton far and wide." He declared yesterday "St. Joseph's School of Nursing's Hamilton Alumni Day."




**Class of 1954 Celebrating 45 Years**

**Top Row: Betty Lemon, Anne Brown, Rita McGibbon, Marion Brough**  
**Back Row: Gerry Pennell, Marg Sharpe, Audrey Bull, Doreen Hemming, Beverly Tyne, Pearl Oster, Diane Sullivan, Suzanne Tambeau, Liz Herod, Donna Leavitt,**  
**Front Row: Donna Finnerty, Mary Lou Commerford, Joan Binkley**

**Class of 1954 Reunion**





If you are planning to attend the reunion activities please complete this page and return to Marie with your cheque.

I plan to attend the: (yes or no)

Activities in Suite 302 of the Sheraton (\$25.00)	
Brunch at Lois's (\$12.00)	
Alumnae Dinner at the Convention Centre -so I have included cost for Lapel Photo in my cheque (\$8.00)	
I have included a \$5.00 Memorial Donation	

If you are unable to participate in any of the above activities, please subtract the cost identified from the \$50.00 cheque

Name: \_\_\_\_\_ Cheque Amount \_\_\_\_\_

**45 YEARS IN NURSING**





**Come and celebrate**

When: Friday, June 11, 1999  
 Where: Hamilton, Ontario

**Alumnae Agenda**

11:30 A.M. Mass (Fontbonne)  
 And Reception(not lunch)  
 6:00 P.M. Alumnae Banquet (Convention Centre)

**Proposals for Class of 54**


1:00 P.M. - Hospitality Room with Bar  
 Cheese, Crackers, Fruit  
 (Sheraton or Convention Centre ?)  
 - Brunch at Lois McKenzie's Home Saturday, June 12 ?  
 - Other suggestions welcome from you ASAP

RSVP: Liz Herod Newman  
 16 Lyrindale Drive  
 Dundas, Ontario  
 L9H 3L6  
 Phone: 905-627-4292  
 FAX: 905-627-5629



**Class of 1954 Celebrating 55 Years**

**Back Row: Betty Lemon, Joan Binkley, Ruby Mitchell, Audrey Bull, Doreen Leavitt, Grace Carpenter, Mary Commerford, Marie Andreychuk**  
**Front Row: Shirley Davidson, Marion Brough, Lois White, Donna Finnerty**



**CLASS OF 1954 REUNION**

**Overnight Reservations:** Contact Hamilton Sheraton Hotel  
 1-800-514-7101  
 Rates \$104.00 Single or Double

\*Deadline for Reservations - May 19, 1999


**Alumnae Dinner Tickets:**


Make Cheque Payable To:  
 St. Joseph's Hospital Alumnae  
 for \$35.00 (Canadian).  
 Mail To: Karen Martin,  
 31 Chedoke Ave.,  
 Hamilton, Ontario L8P 4P1  
 By: May 30, 1999

Please enclose a Self-addressed stamped envelope.

**Lapel Graduation Photo, Brunch, Hospitality Room and Memorial Donation**

Make cheque for \$50.00 (Canadian)  
 Payable To:  
 Marie Yakimoff  
 1506-33 Robinson Street  
 Hamilton, Ontario L8P 1Y8  
 Mail By: May 15, 1999





**Class of 1954**

**COME AND CELEBRATE**  
**45 Years In Nursing**

**When:** Friday, June 11, 1999  
**Where:** Hamilton, Ontario  
**Times:** 11:30 Alumnae Mass of Remembrance and Reception (not Lunch) - Fontbonne Hall Adjacent to St. Joseph's Hospital


13:00 Class of '54 Reunion and Reception (cheese, crackers, fruit supplied - wine extra) Suite 302 - Hamilton Sheraton Hotel

17:00 Alumnae Cocktail Hour and Dinner Hamilton Convention Centre

**When:** Saturday, June 12, 1999  
**Where:** Residence of Lois McKenzie - 2114 Agincourt Crescent, Burlington, Ontario L7P 1P2

**Time:** 12:00 Class of '54 Brunch Catered by Maitre "D"

**GRADUATION PINS:** Please WEAR your GRAD PIN on FRIDAY. It will add to your LAPEL PHOTO.





*Audrey Bull Pickard '54, Marie Andreychuk Yakimoff '54  
Elizabeth Herod Newman '54, Sister Virginia '45, Sister Patricia '50*

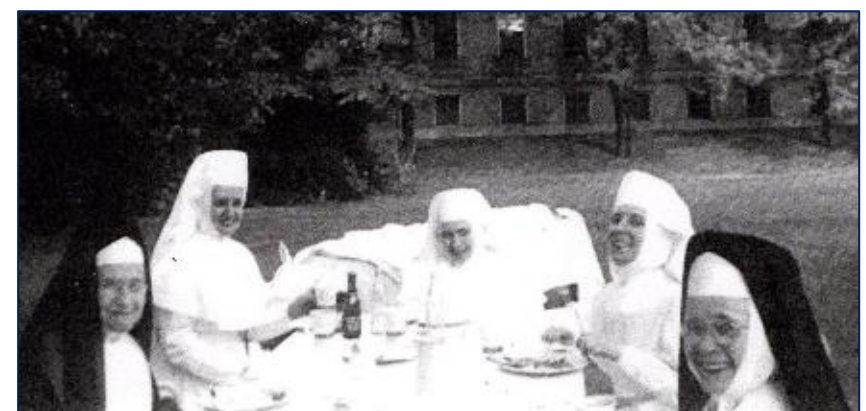


**CLASS OF 1954                      CELEBRATING 50 YEARS**

**TOP ROW:**     *Donna Leavitt, ? Gwen Hummel (behind), Ann Columbus, ?, ?, Marie Andreychuk, Dale Bond, Pearl Oster, Audrey Bull, Doreen Hemming, ?, Audrey Kempa, Mary Lou Commerford, Betty Lemon, ?, Eileen Dobrucki, Joan White, Edna Smith*

**2<sup>ND</sup> ROW:**     *Donna Finnerty, Lois White, Barb Blanchard, Sister Bonaventure, Sister Virginia, Marion Brough, Lois Stewart, Shirley Davidson*

**FRONT ROW:** *Sister Rita, Joan Binkley, Lorna Martin, Elsie Ormerod*



*Sister Edna   Sister Caroline '59   Sister Rita Wiggins '54   Sister Benigna  
Picture taken in yard of Marygrove Nurses Residence  
Sisters identified by Sister Ann Marshall '56*



**Class of 1954  
Celebrating 50 Years**

**Marie Rose Andreychuk Yakimoff '54**

Many of our members will remember Marie Yakimoff '54 as a dedicated educator of many nursing students at St. Joseph's School of Nursing Hamilton, Chedoke Hospital and Mohawk College for several years. Marie was born in Grimsby ON. to parents Stephen and Frances Andreychuk. She was one of four daughters, three of whom were St. Joseph's School of Nursing graduates.



Upon graduation from Grimsby High School, obtaining awards for high proficiency in her studies, Marie was accepted into the nursing program by the Sisters of St. Joseph at St. Joseph's School of Nursing in Hamilton. Graduating in 1954 she became a Registered Nurse and an Instructor at the School of Nursing. While on staff, she also attended the University of Ottawa and received a BSc.N. She later earned a M.Sc. ED at Niagara University. Marie taught several subjects in her nursing career and was named the recipient of the Mohawk College President's Award for selfless dedication and exceptional performance as a faculty member to Mohawk College and the Nursing Profession! She was a role model for co-workers and students and was known as a smart, generous and dedicated educator! She co-developed clinical evaluation forms for students that were used across Canada and beyond. Her enthusiasm for teaching never waned!

She was an avid reader, particularly mystery novels. She had a strong and special devotion to her religious faith. She was C.W.L. President and Lector at St. Charles Garnier Parish. Marie was also a Lector at St. Joseph's Hospital Chapel and was a member and a previous Executive Member of the School of Nursing Alumnae Association. She also loved to be entertained by the Arts. Marie's pursuits included Operas, Concerts, Broadway Musicals and Plays. She was an avid Tiger Cat football fan. As a member of the Mohawk Retirees Association, she was able to enjoy these events with family and friends.

Marie passed away peacefully on March 14, 2023 after an illness. She was a devoted wife to Paul Yakimoff for 62 years and sister, friend and beloved aunt to several nieces and nephews.



*Marie Andreychuk '54  
Reunion Day 2013*



*Marie Andreychuk '54, Patricia Andreychuk '56  
Reunion Day 2016*

*February 2011  
The Celebration of the 100 year anniversary of St Joseph/s School of Nursing started with this Commemorative Calendar highlighting some of our nursing days at St. Joe's*

*May 27, 2011  
All Alumnae members were given a commemorative calendar at the reunion day dinner*



*Shirley Ann Wray'55, Marie Andreychuk Yakimoff'54*



*Marie Andreychuk Yakimoff'54  
Reunion Day 2008*



*Shirley Ann Wray'55 and Marie Andreychuk Yakimoff'54  
retire from the Alumnae Executive as Mass Coordinators  
after 11 years of service*

March 1, 1954

An increase of \$1 per day in ward and room rates was announced by Sister Geraldine, Mother Superior of St. Joseph's Hospital. Sister Geraldine attributed the increase mainly to the increased wages being paid the staff and the necessity of taking on new staff.

The new ward rate is \$7 per day. Those patients in 3 & 4 bed rooms will pay eight dollars. Semi-private rooms will be \$9 while private accommodation will range from \$9.50 to \$14.

General Hospital rates range from \$7.50 for a 6 bed room to \$15 for private accommodation.

# Ward, Room Rates Raised Dollar Per Day

Higher Wages At St. Joseph's

March 1st 1954

An increase of one dollar per day in ward and room rates was announced by Sister Geraldine, Mother Superior of St. Joseph's Hospital, today. The new rates are in effect now.

Sister Geraldine attributed the increase mainly to the increased wages being paid the staff, and the necessity of taking on new staff.

The new ward rate is seven dollars per day. Those patients in three and four-bed rooms will pay eight dollars.

Semi-private rooms will be nine dollars, while private accommodation will range from \$9.50 to \$14.

This is the first time that the rates have been raised in two years, Sister Geraldine stated, and brings them in line with those at the General Hospital.

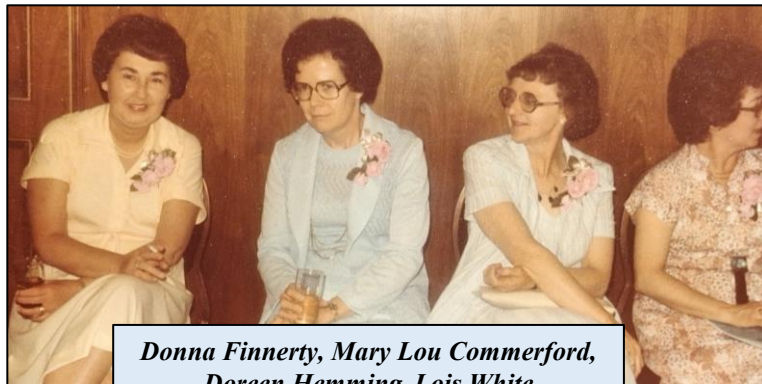
Dr. J. B. Neilson, medical superintendent at the General Hospital, said that no change in rates was contemplated there.

"We raised ours last November," he said.

General Hospital rates range from \$7.50 for a six-bed room to \$15 for the choicest private accommodation.



Class of 1954 Celebrating 60 Years  
Donna Finnerty, Audrey Bull, Marion Brough, Mary Lou Commerford, Betty Lemon, Joan Binkley



Donna Finnerty, Mary Lou Commerford, Doreen Hemming, Lois White

June 22, 1954 Committee of Adjustment

St. Joseph's Hospital could build a new chapel in the south wing, despite the fact the building will be closer to Mountain Boulevard than the by-law normally allows.

June 22, 1954  
Committee of Adjustment last night listened to long and fevered protests about parking prospects around a proposed new apartment building, then quietly rejected an application for a narrow front yard for an entirely different reason. They decided E. H. Jones and Son, who made the application, simply did not give any reason for being allowed to cross by-law yard limits.  
Members also decided:  
1. St. Joseph's Hospital could build a new chapel in the south wing, despite the fact the building will be closer to Mountain Boulevard than the by-law normally allows.

### Not Opposed

The new St. Joseph's chapel will allow use of the present chapel space for hospital use. There was no opposition.

## Plaque donated by the Class of 1954, celebrating their 60th Anniversary Reunion Day 2014

An Address to the Graduating Class of Nurses

St. Joseph's Hospital  
Hamilton, Ontario  
May 26, 1954

by D.C. Gaskin

Mr. Chairman, your Excellencies, your Worship, Reverend Fathers and Sisters, Distinguished guests, and Members of the Graduating Class:

On this, your day of graduation, I address these brief remarks to the members of the class of 1954 on behalf of all of us who have come here to extend congratulations and to wish you Godspeed.

I convey to you our abiding admiration for the perseverance you have shown in completing your difficult training. I promise you our prayers that your careers in nursing will be rich and rewarding. Looking at you now, it is obvious that you will certainly adorn and beautify the noble profession you are entering.

If one sentence can sum up the character of women in nursing, I think that sentence says: Nurses are moved by a spirit of true dedication. That wonderful spirit must have been born in you. It has been encouraged by the good sisters who have taught you and counseled you, for theirs are lives of overwhelming dedication.

A friend of mine once asked his two young daughters what they planned on doing when they grew up. The ten-year old thought a moment and replied: "Dad, when I'm big, I might be an actress or a lady lawyer, or maybe a lady businessman. I don't know yet. But when the time comes I'll look around and whatever pays the most, that's what I'm going to do."

Her eight-year old sister thought a minute, too, and then she said: "I would like to help people, so I'm going to be a nurse!"

Today, some ten years later, the first young lady is still not quite sure what she'll do. The other is in nurse's training, because there is in her this spirit of dedication.

I think that all of you graduating today wanted to be nurses from the time you were little girls. That is why your graduation is more than a commencement - it marks an achievement. You are young, but you have already reached a worthwhile goal. Your honesty, your integrity have led you to fulfill a mission that lay deep within you, even though you must have been assailed by doubts and fears as you proceeded through your rigorous training.

People perhaps fail to realize how much devotion goes into the training of a nurse. A young man, or a young woman, in a university spends 40 hours a week in preparation for a career. Other young men and young women enter business or industry as apprentices and work 40 hours a week - for which they are well compensated - to learn a life's work. But a student nurse does as much studying, every week, as the university student, and as much work, every week, as the apprentice. And this double duty persists week after week, month after month, for three difficult years! No longer need you wonder why we admire you! The world of nurses: "They're always so beautifully scrubbed and so freshly starched." But we know that your inner fabric is woven of fortitude, and that it stands up with the starch of resolution.

Our hopes ride with you and our prayers follow you as you enter upon this great profession. Strange, isn't it, that any of us could quickly name 10 outstanding engineers, or 20 famous businessmen, or 50 celebrated statesmen? But if we tried to name half a dozen nurses, we'd get about half-way - Florence Nightingale, Edith Cavell, Clara Barton - and then flounder. In this changing world, this, too, will change, and the challenge you take with you from this, your graduation ceremony, is that one of you or many of you, might rise to the highest eminence of your profession. In these days, when men are putting their heads and their hearts to ever nobler works, the whole medical profession of which you will be such a magnificent part cannot help but grow in prestige and in esteem.

I am happy to note that your services to humanity will be more adequately compensated than they have been in the past. This is another and a gratifying trend of our times. Nurses and teachers and others whose lives are monuments to giving rather than memorials to getting are at long last being recognized as economic creatures, too. This is as it should be, and it is a sign that we are not stagnant.

But mankind doesn't live on bread alone and your great rewards, as were those of your sister nurses in generation gone by, will continue to be rewards of the spirit. You who will be the ultimate hopes of children in pain, of women in the shadow valley, of maimed men, of the sick, the lame and the halt - you who will walk the last mile with hundreds of human beings and with your strong hands comfort them in the final agonies - you will surely be aware that your careers are offerings to God because they are contributions to men and women made in His likeness. Yours will be the everlasting satisfaction of knowing that your daily lives are never-ending corporal works of mercy.

We who will forever be debtors to your profession send you on your way with gratitude born of admiration for your spirit of true dedication... with prayers for your health, your well being and your peace of mind... with kind

Graduation Address - delivered by Mr. D. C. Gaskin  
President of the Studebaker Corporation of Canada, Ltd  
Member of the Hospital Advisory Board

**2015 Reunion Day**

**Past Presidents of the Alumnae were recognized. 11 of 16 presidents attended the Reunion Day.**



**Elizabeth Herod'54, Charlotte Judson'58, Joan LaFortune'58, Linda Santoni'71A, Patricia Dowling'65, Jackie Wade'71A, Margaret Henderson'70, Dorothy Glead'46, Katherine O'Sullivan'55, Margaret Simpson'58, Cheryl Gravelin'66**

I am very sorry to inform the membership of the death of Lorna Matthews (Martin '54) on October 19, 1991 at Hamilton after a short illness.

A Hospital staff Memorial service has taken place. The monthly Memorial service for all deceased staff and patients organized by the Pastoral Care Department of St. Joseph's Hospital will be on Thursday, December 5, 1991 in Conference Room 3, Fontbonne Building at 12:15 p.m. followed by a reception. You are welcome to attend this service.

Lorna, a life member of the Alumnae, was a vital part of our Association for many years. She became President twelve years ago when interest in the Alumnae was waning. Lorna is credited with reviving the Alumnae and passing her enthusiasm along to the Presidents who followed her, Patricia DiCiommo, Jackie Hughes and Judith King-Siganski. We shall miss her.

Our sympathy to her husband, Bob, daughter, Gail, son, Garrin and their families as well as to her nursing colleagues in the Renal Transplant Department at St. Joseph's.

In Lorna's memory, a painting has been commissioned by her Hospital friends and colleagues. This will be hung in the new Renal Transplant Unit to commemorate her many years of service and dedication to the Transplant program.

If you would like to contribute to this memorial, please send you donation to

Michele Webb, Transplant Coordinator  
Department of Nephrology  
St. Joseph's Hospital  
45 Charlton Avenue East, Hamilton L8N 4A6

Please make cheques payable to Nephrology Dialysis Education Fund-Lorna Matthews Memorial. Any excess in funds will be donated to the Kidney Foundation.

**.Lorna Martin Matthews'54 1991 Newsletter**

**Lorna Martin Matthews'54 1991 Newsletter**

- 1970 - 1972 Lorna served on the Alumnae Executive on the Advisory Committee**
- 1973 - 1975 Lorna served on the Executive as 1<sup>st</sup> Vice President**
- 1976 - 1979 Lorna served on the Executive as President**
- 1979 - 1980 Lorna served on the Executive as Past President.**

**JIMMY SHIELD'S VISIT:**

Singing in Canada has developed into a fine art, and one of the finest artists in this field is Jimmy Shields. His informal visit to us in mid-January proved that listening to his fine mellow voice was indeed a pleasure. Irish songs are apparently his favourites, and by the end of the programme one was very much inclined to favour them also. We hope that Jimmy will soon pay us another visit.



**Written by Kathleen Byrne'55**



**Phyllis Morelli'60 Dr Galloway Lorna Martin Matthews'54  
Lorna was Head Nurse, Renal Transplant Unit  
R.T.U. opened in 1972**